

MAY 2017



Chief Investigator Professor Pip Logan at Church Farm Care home catching up with Wynne Williams.

## ISSUE ONE

### Highlights to date:

- BBC East Midlands today featured the FinCH study in May
- Get recruiting to earn some additional rewards!
- Watch this space for some additional sites coming on board to join our FinCH study team
- All of the six initial sites are open to recruitment and optimistic about recruiting their target number of homes and residents

## Foreword: Professor Pip Logan

Hi All,

Hope this newsletter finds you well.

### • Welcome Team FinCH •

Welcome to the very first edition of **FinCH NewsCH@**. The purpose of this newsletter is to share good practice between sites. It is designed to keep you informed about what is happening nationwide, as the FinCH study progresses. Keeping sites, staff and care homes connected and engaged is considered very important to the success of the study and I hope you will find this way of communicating useful. We plan to circulate a newsletter every three months.

#### HELP

We would very much like FinCH NewsCH@ to become 'your' newsfeed and we can only do this if you feed us information to share. We will try and make this very easy for everybody. Drop us an email and share with your colleagues when an idea, funny experience or unusual scenario occurs. We will collate this information and share those we can!

For example, Katie Robinson, the Nottingham/shire RA went to a care home recently and a very friendly resident seemed determined to unblind her! 'Do you know which group we are in yet love?' He asks each time she goes in. It hasn't happened but she is sure when she goes to do the follow ups he'll tell her how disappointed/happy he is, and may give away some vital clues!

It is very exciting that all six sites are now open. Due to a multitude of reasons, the sites were slow to open and to start recruiting. Thank you for all your efforts to date. I am confident that recruitment will now go from strength to strength. I have been negotiating with the CRN networks to ask for their assistance to reach our targets as planned.

We are doing our best to give you the support you need during the duration of the study. Please try and support our Investigators' Day planned for the end of June. Opportunities for some good food, good learning, and essential networking are just some of what will be on offer.

**The FinCH study will be represented in Glasgow at the European Forum for Rehabilitation Research.**



## UPCOMING EVENT

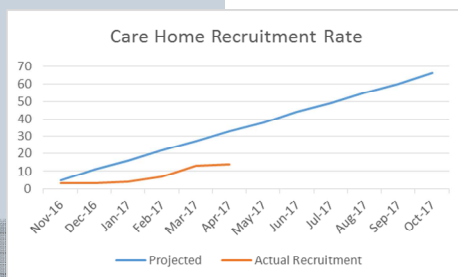
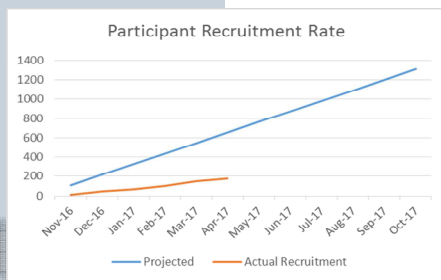
### Investigators Event June 2017 Nottingham

GOOD FOOD, GOOD  
NETWORKING, NEW  
OPPORTUNITIES, NEW  
KNOWLEDGE

We are holding an Investigators Meeting on 30<sup>th</sup> June 2017 at the Hilton DoubleTree Hotel, Nottingham. There will be lunch provided and opportunities to network and attend workshops with your FinCH colleagues. The Agenda for the day will follow, but key topics from world class researchers and clinicians are likely to include:

- Capacity
- Falls prevention
- Complex interventions
- Rehabilitation

Enjoy a day out whilst accelerating your learning!



## Reward Scheme

**For every three care homes recruited  
the RA will receive a £10 Amazon  
Voucher**  
**Whoo Hoo!**

**Take Home Message: Recruit Recruit  
Recruit Recruit Recruit Recruit Recruit!**

RESEARCH ASSISTANT SUPPORT  
NETWORK



Pip (CI) and Maureen (PPI) off  
to a Team Management Meeting  
in Norwich, an early start.



## Impact Enrich Forums

The FinCH study has been presented at a number of ENRICH (Engaging Research in Care Homes) Forums: Nottingham, Derby, Norfolk and Lincolnshire. Thank you for having us!



The FinCH research assistant support network is now up and running! The group is for on the ground researchers to help share top tips and support each other to find the best ways of working. As FinCH is running across a large geographical area, the group have decided use teleconferencing for the meetings, but do hope to meet face-to-face at the FinCH summer conference. The group have had three successful meetings so far and top tips have included; taking chocolate biscuits to care homes to help data collection go smoothly and remembering not to eat all of them by yourself! The next meeting is scheduled for the 5th June at 9.30am. Please get in touch with Katie Robinson at [katie.robinson@nottingham.ac.uk](mailto:katie.robinson@nottingham.ac.uk) to find out more.

**Keep in touch and thank you!**