



# BOUGH Now...

Study Newsletter 1, November 2015



BOUGH team members from left to right: Samantha Wilkinson, Lucy Perry-Young, Kristian Pollock, Justine Schneider

## More information:

For a copy of previous newsletters or our participant information sheet, please contact Sharon Thorpe, Study Administrator (details below).

Additional information can be found on our website at:

[www.nottingham.ac.uk/go.BOUGH](http://www.nottingham.ac.uk/go.BOUGH)

## Introduction to the Study

The University of Nottingham is conducting a study looking at home care services. The study is called “Broadening Our Understanding of Good Home care” (BOUGH). The project is being undertaken so that we can better understand how good quality home care is delivered to people who have memory problems and how services can be improved for all.

We will update you on the

progress of the study with these newsletters that we will send out every two months. If you have any questions about the study, our details are provided at the bottom of this newsletter.

The BOUGH team includes:

- [Justine Schneider](#) and [Kristian Pollock](#), who will be taking a lead on conducting the interviews.
- [Samantha Wilkinson](#) and [Lucy Perry-Young](#), who will be delivering

home care to try to understand what it feels like to give and receive care.

- [Cheryl Travers](#), who will be leading the diary element of the study.
- [Anthony Kelly](#), who will be leading on the analysis of the job role of the home carer.

## Getting Started with Participant Observation

Sam and Lucy started working on the project on the 15<sup>th</sup> September and have completed their training to become home carers. Both Sam and Lucy are researchers, and as part of this role they will be working as home care workers. They will do this part time, over the course of one year. They will be doing everything that comes with the job of a care worker, but they will also be observing the work they do and making notes about the experience of giving and receiving care.

These notes will form the data for the study which will be analysed by the team. This method of collecting data by observing situations first-hand is called **participant observation**.



'Researcher' badge to be worn when delivering home care

*“We are excited to be embarking on this important study. It has been funded by the School for Social Care Research of the National Institute for Health Research. This shows that home care is recognised as a vital part of helping older people to continue living in their own homes despite the problems brought about by memory loss.”*

*Professor Justine Schneider*

## Progress So Far

- All of the research team have now been recruited and the study is under way.
- We were granted ethical approval from the Social Care Research Ethics Committee (REC) on the 28<sup>th</sup> September.
- We are working with two home care providers.
- Sam and Lucy have completed the induction and training to become home care workers.
- We have received approval from the Association of Directors of Adult Social Services (ADASS).

## Next Steps . . .

Now that the project is under way, the next steps are for Lucy and Sam to:

- Recruit clients from each home care provider who are willing to help with the research, and
- Start the participant observation while working as home care workers.