

# BOUGH Now...

Study Newsletter 4, May - June 2016

## Study update

In April we held another successful steering group meeting, in which we discussed: recruitment, time-scales, data analysis, creative outputs, and risk management. We have gratefully received lots of excellent diaries from care workers for the diary element of our study. These are being transcribed as they come in, and we have now had two data analysis meetings to unpack themes from these diaries. We are hoping that some more diaries will come in soon. As always, feel free to contact Sam and Lucy if you have any questions about completing diaries or handing them in.

Sam and Lucy have been continuing to visit their clients and to recruit new clients to the study. Since the last newsletter we have both started working with some new clients, and we are trying out new ways of getting more clients involved in the study.

## More information:

For a copy of previous newsletters or our participant information sheet, please contact Sharon Thorpe, Study Administrator (details below).

Additional information can be found on our website at:

[www.nottingham.ac.uk/go.BOUGH](http://www.nottingham.ac.uk/go.BOUGH)

## NEWS



**ANNUAL CONFERENCE 2016**

TUESDAY 12 APRIL 2016

The Royal College of Surgeons of England  
35-43 Lincoln's Inn Fields, London WC2A 3PE

The NIHR School for Social Care Research's Annual Conference will bring together researchers, policy-makers, managers, commissioners, practitioners, people who use services, carers and practitioners from other health and social care sectors to hear about emerging evidence from across SSCR's commissioned studies and implications for adult social care practice.

The Conference will feature presentations from experts and practitioners including Chris Whitty (Department of Health), Professor Jon Glabey (Birmingham University), Professor Joshua Wiener (Riffl International), Professor Geraldine Macdonald (Bristol University) and Lyn Romeo (Department of Health).

This event is free to attend: [www.sscr2016.eventbrite.co.uk](http://www.sscr2016.eventbrite.co.uk)

**NIHR**  
at 10  
10 years of funding  
transformative research

We were pleased to be invited to present an overview of the study, and some early findings, at the School for Social Care Research (SSCR) Annual Conference on 12<sup>th</sup> April 2016, held in London. The SSCR are the funders of the BOUGH study, so it was great to update them on the study and find out about other interesting research. The title of the presentation was: 'The BOUGH Study: Design, Methods and Thorny Issues'. Justine, Sam and Lucy jointly presented this. We had a great response with lots of people asking us questions after the presentation and requesting to receive updates as the study progresses.



From left to right: Naomi Crosby (patient and public involvement); Dr Anthony Kelly (co-investigator); Primo Sule (owner of home care organisation); Dr Cheryl Travers (co-investigator); Dr Kristian Pollock (co-investigator); Dr Lucy Perry-Young (researcher); Dr Samantha Wilkinson (researcher); Prof Nick Manning (chair, co-investigator); Prof Justine Schneider (chief investigator).

*The Steering Group meets twice a year to ensure that the study is meeting its targets. The members are shown in this photo – except for Dr Kezia Scales, who joins us by Skype from her university in North Carolina, USA.*

*At the recent meeting we discussed how we could obtain more research participants. This would give our research an understanding of a wider group of people who use home care.*

*If you know anyone who may be willing to permit Sam or Lucy to work as their Caregiver for a while, please do let me know!*

*Email:*  
[Justine.Schneider@nottingham.ac.uk](mailto:Justine.Schneider@nottingham.ac.uk)

*Tel:* 07843607085

## Forthcoming conference

We are pleased to announce that Sam and Lucy have been accepted to present at the British Society of Gerontology (BSG) 45<sup>th</sup> Annual Conference, to be held at The University of Stirling in July. The BSG conference is “a key event aiming to enhance knowledge about ageing and later life”. There will be over 300 attendees all from varied backgrounds coming together to discuss research in the area and best practice. Lucy will be presenting on ‘Mental Capacity and Participant Observation in the Homes of People with Dementia’. Sam will be presenting to the title: ‘The Lived Experiences of Being a Home Care Worker’. We are looking forward to presenting some findings from the study, and receiving valuable feedback.

## Next Steps . . .

- Continue recruiting clients from each home care provider who are willing to help with the research.
- Continue the participant observation while working as home care workers.
- Start recruiting home care workers to take part in the interviews.
- Design interview schedule for interviews with clients and relatives.
- Carry on with transcribing the diaries and continue to analyse them.
- Begin preparing conference presentations for BSG in July.