



# BOUGH Now...

Study Newsletter 5, July - August 2016

## Study update

Sam and Lucy have been continuing to visit their clients and writing field notes of their experiences. We have also finished transcribing all of the diaries written by care workers, and we have arranged a few days for intensive analysis as a team in the forthcoming months. This will involve reading all of the transcribed materials, and noting and discussing themes which are prominent. Justine and Kristian have begun to meet with artists, such as playwrights and photographers, to discuss potential creative ways of describing our findings to a variety of audiences. We want the findings of the study to be useful to a broad range of people, including clients, care workers, home care providers, commissioners of services, and policy makers. Kristian and Justine have begun to recruit people to take part in interviews about their experiences of home care.

## More information:

For a copy of previous newsletters or our participant information sheet, please contact Sharon Thorpe, Study Administrator (details below).

Additional information can be found on our website at:

[www.nottingham.ac.uk/  
go.BOUGH](http://www.nottingham.ac.uk/go.BOUGH)



## NEWS

A couple of exciting opportunities have arisen in the last month. Firstly, Lucy, Cheryl and Justine will be attending the Alzheimer Europe conference in Copenhagen in October. They will present a poster outlining the study and early findings. Secondly, Sam has been awarded a place at a workshop taking place in China in August on the use of technology in the homes and communities of older people. She will present the BOUGH study to the group of attendees.





*Hearing the views and experiences of CAREgivers and clients of Home Instead is a very important part of our study. The findings will help us to understand what it is like to be a CAREgiver, and the challenges as well as the rewards of the job. Finding out about what clients value in home care, and how well their expectations of the service are met will help us to improve staff training and the development of services in future. We hope the interviews will be an interesting and enjoyable experience and will provide a chance for your views to shape the development of home care in the future.*

## Interviews

We are keen to hear from CAREgivers, clients and past clients of Home Instead. We'd like to interview 30 people to understand different perspectives on giving and receiving home care. The interview will take about an hour, at a time and place to suit you.

If you would be interested in helping us by volunteering for an interview, please contact Sharon, the study administrator: **0115 7484233**.

Everything you say will be treated as confidential and nobody will be identifiable from the results that we produce.

*Kristian*

## Next Steps . . .

- Continue recruiting past and current clients and relatives for interviews.
- Continue the participant observation while working as home care workers.
- Start recruiting home care workers to take part in the interviews.
- Continue to analyse participant observation notes and diaries.
- Begin preparing presentation for Alzheimer Europe conference in Copenhagen.
- Prepare for workshop in China on technology and older people.