

Nottingham

An Age Friendly City

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Why do we need Nottingham to be an Age Friendly City?

- Age friendly means enablement rather than disablement.
- Enables citizens to remain independent, healthier and happier for longer.
- All ages and all communities benefit.



Developments in the City

- Council appointment of an Older People's Champion.
- Forum on tackling loneliness in the over 50's
8 May 2013.
- Big Lottery Fund EOI:
Fulfilling Lives: Ageing
Better.
- Work towards making
Nottingham a Dementia
Friendly City.



The statistics for Nottingham – people living with dementia:

2010 – 2631

2011 – 2645

2012 – 2641

2013 – 2679

Source – The Alzheimer's Society



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Role of the Dementia Practice Development Specialist

Two fold

Put our own house in order

AND

Keep looking at the wider picture.

So what does that really mean?



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Some examples re Nottingham City:

- Joint review Commissioning Executive Group (CEG)
- Communities for Health Grant with Notts County
- NCH Dementia Friendly Sheltered Housing Schemes
- PM Challenge funding – training for GPs and improving home care/care home standards
- Continued development of JackDawe – looking at BME communities in more detail
- Signing up to the Dementia Action Alliance
- Signing up to become Dementia Friends/Dementia Champions
- £10K from Skills for Care to look at music/End of Life Care - JackDawe



Service Delivery

- Looking at process mapping – why can't your care plan follow you?
- The use of telecare in care homes.
- Carers groups
- Better links with the third sector – Alzheimer's Society.
- The use of Dementia Care Mapping.
- The development of champions.



Challenges:

The workforce
having the right people at the right time in the
right place with the right knowledge and the
right attitude.

Heads & Hearts & Hands



OUR TOMORROW

When we talk about older people now
We do not talk of a tiny fragment cut off from the life of society
as a whole
The elderly represent the future for all of us
They are what we will become and what we do with them and
for the now
Is a commentary on the value we ascribe to our own lives.

Wm Utting
Social Work Today 1997



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Thank you for listening

Clare and Kate



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