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FRESH - Facilitating Return to work through Early Specialist Health-based interventions

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July 2014 NEWSLETTER

<https://www.nottingham.ac.uk/go/fresh>

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What is Fresh? Otherwise known as 'Working after Brain Injury' FRESH is a feasibility randomised control trial designed to test whether a method of supporting people who've had a Traumatic Brain Injury (TBI) to return to work that was developed and works well in Nottingham can be delivered in three other NHS trauma centres (Preston, London and Leeds). We want to know if it's possible to train therapists in other centres to deliver it and whether patients are willing to be randomised to receive it and whether we can measure the effects and cost effectiveness of this support compared to usual NHS rehabilitation.

Project Updates;

Ethics Approval Granted for Amendments;

We asked for approval for an amendment to the Protocol which concerns the definition and reporting of adverse events. Some are now identified as expected outcomes of the study intervention and more clearly defined others in terms of severity. Also following feedback from patients and site staff advising that the 6-page information sheet is 'too much to take in' as an initial introduction to the study, we created a NEW Brief information sheet (V1.0) – This can be used to supplement the full version of the information sheet (not replace it). Other minor revisions have been made to patient and carer information sheets and consent forms.

This new paperwork will be circulated to sites shortly, so please look out for and use them.

Revised Protocol – (V1.1)

REVISED Participant Information Sheet (V 1.2)

REVISED Patient Consent Form (V1.2)

REVISED Carer Information Sheet (V1.1)

REVISED Carer Consent Form (V1.1)

A Variation to Contract has been requested, asking the HTA to consider allowing us to recruit for the full 12 months as originally proposed. We await the outcome.

Raising Awareness:

Kate Radford and Julie Phillips recently presented the study at the Annual Head Injury Study Day in Derby to around 60 NHS staff including Occupational Therapists.

Julie also presented the study to six counties VR Group in Aylesbury.

Both presentations were well received and have created interest with other groups.

Congratulations:

to Yash Bedekar on the birth of her daughter Maya born on the 4th July! Yash is one of our original training mentors.

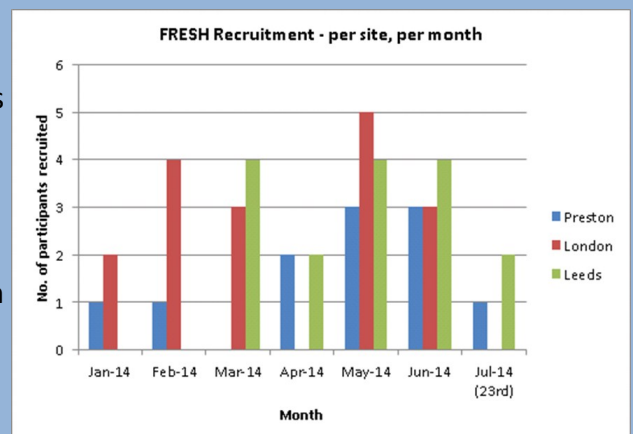
Recruitment :

Total number of participants recruited as at 23rd June n=44

Preston 11, London 17, Leeds 16

There is currently a 'lull' in recruitment to date this month.

Let's have another drive to get these figures back on track!



National Institute for Health Research

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