

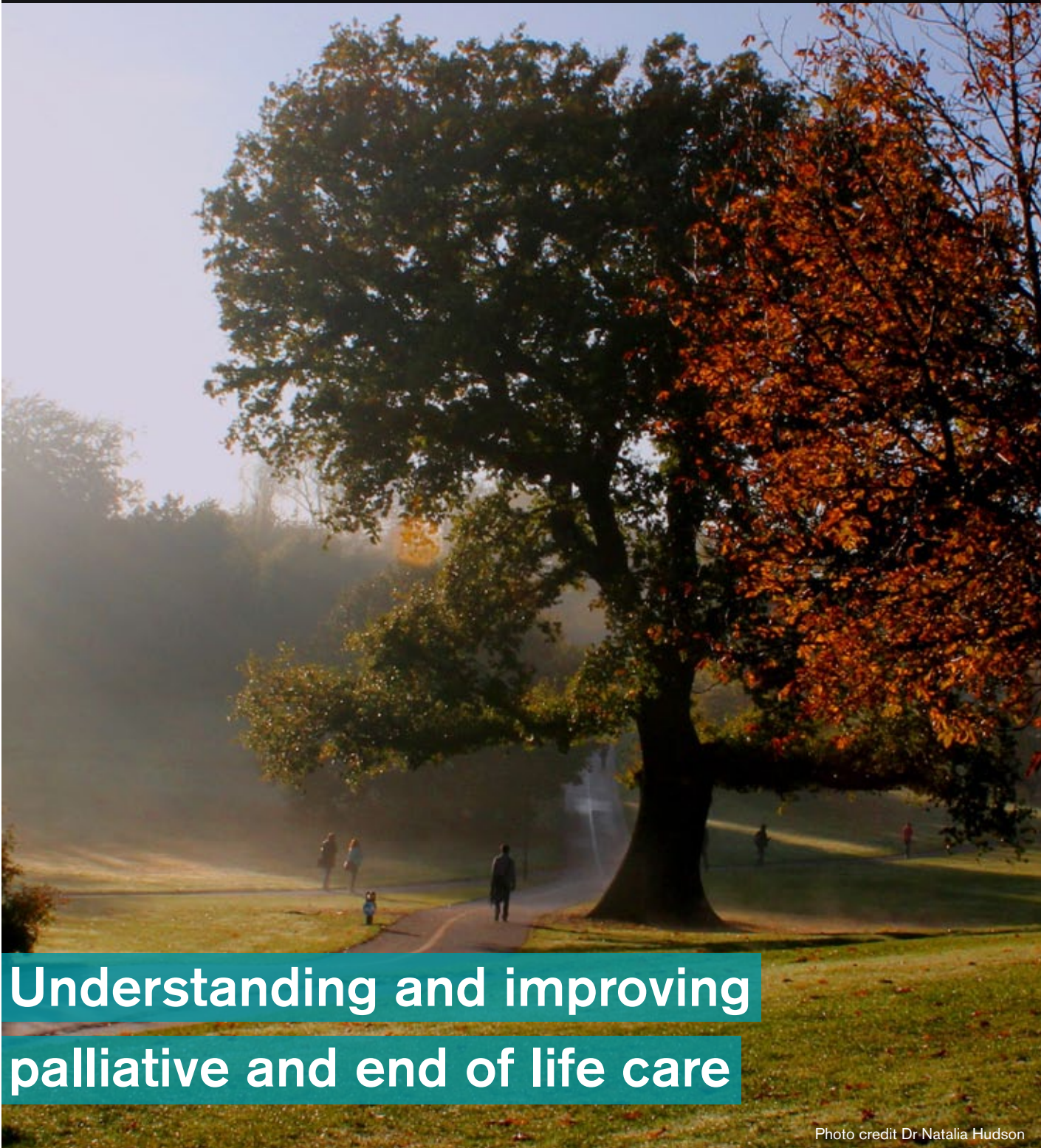


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Sue Ryder Care Centre @Nottingham

Sue Ryder Care Centre for the Study of Supportive, Palliative and End of Life Care Newsletter Spring 2014



Understanding and improving palliative and end of life care

Photo credit Dr Natalia Hudson

Lifetime achievement award

Professor Jane Seymour receives a lifetime achievement award.

New Professor - Bridget Johnston

We welcome Professor Bridget Johnston to the Sue Ryder Care Centre.

Annual Public Lecture

This year's annual public lecture will be delivered by Dr Jo Hockley OBE.

We congratulate Jane on her lifetime achievement award!



Jane (centre) receiving her award from Stephen Richards, Director of Professional Engagement at Macmillan Cancer Support) and Professor Bridget Johnston (right)

In March 2014 Professor Jane Seymour received a lifetime achievement award from the International Journal of Palliative Nursing for an outstanding contribution to palliative nursing.

<http://awards.ijpn.co.uk/2014-winners>

Jane Seymour is currently visiting Virginia Commonwealth University (VCU), Richmond, USA under VCU's Global Visiting Scholar scheme. She is working with Dr Brian Cassel, Director of Analytic Services, Massey Cancer Centre, on a comparison of UK and US policy and key challenges in end of life care. This follows Dr Cassel's Fulbright Scholarship hosted by King's College, London during 2012.

As part of her trip Jane will be spending time at the Hastings Bioethics Centre and visiting the Centre to Advance Palliative Care in New York. She will return to Nottingham in August 2014.

New staff member

We welcome Professor Bridget Johnston



Professor Bridget Johnston

Bridget has a clinical, educational and research background in palliative care. She trained as a nurse at St Bartholomew's Hospital, London and undertook a full-time degree in nursing in Cardiff at the University of Wales College of Medicine.

She was one of the first Macmillan Nurse Teachers in the UK in Cambridge in the early 1990s. She then moved to Scotland where she was a Lecturer at Strathcarron Hospice for 11 years.

She helped establish and run the first Postgraduate Diploma in Palliative Nursing in Scotland at the University of Glasgow during this time. She graduated with her PhD from the University of Glasgow in 2002 on nurses' and patients' perceptions of expert palliative nursing. She was awarded a postdoctoral research fellowship from Medical Research Scotland and worked as a Senior Research Fellow at the University of Stirling from 2006-2010.

She joined the University of Dundee in April 2010 as a Senior Research Fellow and was then promoted to Reader in Palliative Care and remained there until December 2013, when she was awarded a Professorship in Palliative and Supportive Care at the Sue Ryder Care Centre for the Study of Supportive, Palliative and End of Life Care at The University of Nottingham.

Bridget practises Dignity Therapy, which is a unique individualised brief psychotherapy, developed by Professor Harvey Chochinov for the purpose of relieving distress and enhancing the end-of-life experiences of terminally ill patients.

Bridget was chair of the Palliative Care Research Society from 2008-2011 and was Chair of Palliative Care Congress in 2012. She is also Consultant Editor of the International Journal of Palliative Nursing.

News

Quick news

Palliative Care Congress

The SRCC was well-represented at the Palliative Care Congress in March 2014 in Harrogate, with presentations from Bridget Johnston on her dignity care intervention and patient dignity question projects and Ruth Parry on making and using video recordings in palliative care research, and five posters illustrating the work of staff and students from the SRCC on topics including: Principles of spiritual care in end-of-life care in India; Perspectives of bereaved relatives and clinicians about sedation at the end of life; Nurses' roles in anticipatory prescribing; Information provision for those diagnosed with lung cancer following an emergency admission; and Caring for frail or seriously ill older people dying on acute hospital wards.

Marie Curie Research Conference

Jane Seymour also presented the opening talk on quality of care at home at the Marie Curie Research Conference. Posters of two SRCC studies funded by Marie Curie on palliative sedation and the use of anticipatory medications at the end of life were also displayed.

PhD students

Since the start of the Centre in 2005 a total of 26 students have completed their PhDs in subjects around palliative and supportive care. Most recently Tikva Meron and Yupawadee Kantabanlang.

New staff



Marco Pino

After working as an educator in therapeutic communities for people with drug addiction problems, Marco decided to do research in the field healthcare communication.

He received his PhD in Education at the University of Verona, where he used the method of conversation analysis to understand and to improve face-to-face communication between healthcare professionals and patients in mental health and drug addiction rehabilitation. He is very pleased to have joined the Sue Ryder Group in December and is working with Ruth Parry on the VERDIS project, a study on decision making in real-life, video-recorded doctor-patients conversations in a hospice.

Visiting academics



Neil Henderson

Neil Henderson is currently a visiting fellow in the Sue Ryder Care Centre for the Study of Supportive, Palliative and End of Life Care and will engage in work on ageing and care in the LGBT community.

Neil has a PhD in Women and Gender Studies (W&GS) and is currently a lecturer in the Department of Social Work at the University of the Western Cape in South Africa. The focus of his PhD was on narratives of constructing as gay and having gay relationships in contemporary South Africa. He has also taught on many health-related modules in the social work curriculum at UWC. He is hoping to build on his teaching and research expertise by engaging with experts on gerontology while in the United Kingdom on further developing care networks and communities of practice within the LGBT community. There is also a need in the Western Cape to develop services and care within the ageing LGBT sector.



Vincent Guion

Vincent Guion is currently a visiting fellow in the Sue Ryder Care Centre, briefly joining the VERDIS video-based communication research project.

He is a GP resident specialising in palliative care at the Université Paul Sabatier in Toulouse in France. The focus of his thesis research is on the medico-economics of telemedicine applied to palliative care in nursing homes, for which effective communication skills are of the utmost importance. While in the United Kingdom, he is hoping to build on his clinical skills by meeting with various people involved in palliative care in long-term care settings and telehealth organisations. Vincent can be contacted by email: vincent.guion@gmail.com

Research

Research Focus

ACTION: advance care planning — an innovative palliative care intervention to improve quality of life in Oncology

Jane Seymour, Andrew Wilcock, Kristian Pollock, Beth Hardy, Eleanor Wilson

ACTION is a five year research project that commenced in December 2013. The research aims to assess whether an established advance care planning intervention improves the quality of life and symptoms of patients with advanced cancer. Funded by the EU 7th Framework programme, The University of Nottingham is one of eight partner sites around Europe who will be participating. We will be assessing outcomes and experiences related to the intervention by taking a mixed methods approach. This will involve a cluster randomised control trial and a detailed qualitative study including interviews and focus groups with patients, family carers and healthcare professionals.

Data collection will commence from January 2015. For further information about this research, please contact Beth Hardy at: beth.hardy@nottingham.ac.uk

Exploring perspectives on dying alone: A pilot study of sociological autopsy as research methodology

Glenys Caswell

Glenys has won a £9,579 grant from the British Academy for an 18 month feasibility study. The project will explore cases of individuals who lived and died alone at home to gain insight into the social circumstances in which their deaths occurred. A small number of individuals who have a heightened chance of dying alone at home will also be interviewed in order to gain insight into their views. For further information please contact Glenys Caswell at: 0115 823 0872 or glenys.caswell@nottingham.ac.uk

Education

Education

BSc Healthcare Studies (palliative and end of life care) and MSc Health and Social Care (palliative and end of life care)

The above pathways have a new 30 credit module structure starting autumn semester 2013. The BSc award comprises four 30 credit modules and the MSc award four 30 credit modules in addition to a 60 credit dissertation. The MSc award is now available as a full-time option over 12 months from September 2013.

The two core 30 credit modules for the above pathways are:

- Critical perspectives in end of life care, which explores contemporary debates including ethics, decision making, withdrawing treatment and advance care planning
- End of life care management, which focuses on the delivery and management of care including generic symptom management of complex symptoms, application of end of life care principles and using best practice tools to manage last days of life

Please contact Becky Whittaker for further information at: becky.whittaker@nottingham.ac.uk

Life Cycle Studentships

With monies raised from Nottingham Life Cycle events three full-time PhD studentships have been awarded. Two are now in their second year and in the process of undertaking their research studies. One new studentship has just been appointed. Emma Popejoy will commence in September 2014 and be supervised by Professor Bridget Johnston. Emma's study will be highlighted in the next newsletter.

Annual lecture

We are delighted to announce that this year's Annual Public Lecture will be delivered by Dr Jo Hockley OBE. Jo trained as a nurse at St Bartholomew's Hospital, London in the early 1970s and has worked in specialist palliative care for over 30 years. She has had a passion for disseminating palliative care knowledge within generalist settings.

During her career she set up two hospital-based palliative care teams (St Bartholomew's Hospital, London and Western General Hospital, Edinburgh) and more recently a Care Home Project Team serving over 100 care homes at St Christopher's Hospice, London, based on results from her PhD.

Jo has published widely both on the strategic development of hospital-based palliative care teams and palliative care for older people in care homes. She was recently awarded an OBE for services to palliative nursing.

For more information visit www.nottingham.ac.uk/research/groups/srcc/seminars

Annual Public Lecture

Thursday 15 May 2014

6-7pm

A30 Lecture Theatre, Lakeside Arts Centre

'What frail older people at the end of their lives have taught me about dying'

Dr Josephine Hockley, OBE

We will start with light refreshments at 5.30pm, lecture will commence at 6pm and will last approximately one hour.

Events

Practitioner Research Network Open Meetings

We convene and host regular seminars that are open to practitioners, educators, researchers and other interested parties.

Over the past few months, practitioner research network seminars have included talks entitled: 'Caring for frail older people in acute hospital wards: a report of research into end of life care for patients with and without dementia' and 'Factors associated with musculoskeletal pain in the last year of life: Results of a literature review and findings from a prospective cohort study'. PowerPoint presentations for all these talks and previous talks, including video recordings of some can be found at: www.nottingham.ac.uk/research/groups/srcc/seminars

The next practitioner research network meeting is on 12 June 2014 and will host Zoe Fritz, Consultant Physician at Cambridge University Hospitals and Wellcome Fellow in Bioethics.

Her talk is entitled: 'Do Not Attempt Cardiopulmonary Resuscitation (DNACPR) orders: current practice and problems - and a possible solution'.

Apart from our regular lunchtime seminars we organise an evening annual lecture. Please see updates on the website for further details and a finalised date.

To be added to our seminar mailing list or if you wish to present your research at these events please use the contact details at the end of this newsletter.

Publications

Recent publications

Anquinet L, Rietjens J, van der Heide A, Bruinsma S, Janssens R, Deliens L, Addington-Hall J, Smithson WH, Seymour J. (2014) Physicians' experiences and perspectives regarding the use of continuous sedation until death for cancer patients in the context of psychological and existential suffering at the end of life. *Psychooncology*. 23(5):539-46. doi: 10.1002/pon.3450. Epub 2013 Dec 5

Howell, D., Hardy, B., Boyd, C., Ward, C., Roman, E., Johnson, M. Community palliative care clinical nurse specialists: a descriptive study of nurse-patient interactions. *International Journal of Palliative Nursing* (In press)

Makita, M. (2014) 'Health and Everyday Bodily Experiences of Old Mexican Women'. In Kribernegg, U., Maierhofer, R. & Ratzenböck, B. (eds.) *Alive and Kicking at All Ages: Cultural Constructions of Health and Life Course Identity*. Bielefeld: Transcript. *Aging Studies Volume V*. pp. 65-80

Nkhoma, K, Seymour, J and Arthur, A (2013) An educational intervention to reduce pain and improve pain management for Malawian people living with HIV/AIDS and their family carers: study protocol for a randomised controlled trial. *Trials* 13:14 pp216 doi: 10.1186/1745-6215-14-216

Parry R, and Land V (2013) Systematically reviewing and synthesising conversation analytic and related discursive research to inform healthcare communication practice and policy: An illustrated guide *BMC Medical Research Methodology* 13:69

Parry R, (2013) Communication and compassion need time and support: Insights from end of life care *International Journal of Therapy and Rehabilitation* 20, 10:478-479

Wilson, E and Aubeeluck, A, (2014) Residential care for those with neurological conditions: An exploration of three specialist neurological care facilities in the UK, *Journal of Care Services Management* 7:2 pp61-71

If you would like an electronic copy of any of these papers, and are unable to access them yourself, please email a request to ann.gibbons@nottingham.ac.uk

Contact

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