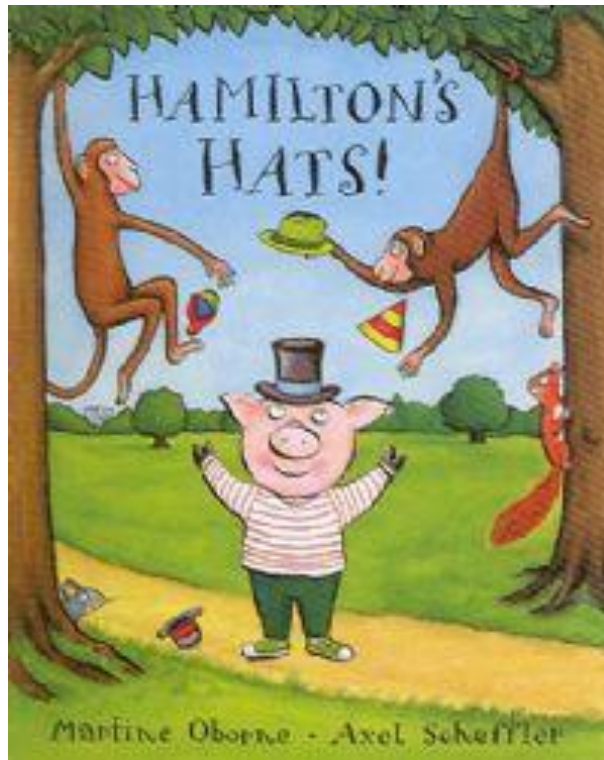

***Which hat?
Reflections on the dual
clinician / researcher
role - a secondment
experience.***

Gill Whitworth & Ruth Feakes

SRCC seminar 4th December 2014

Which hat?



- *Learning* through the wearing of different hats
- Face different *challenges* when wearing a new hat
- Bring *experience* from other 'hat wearing'
- *Complexity* arises from wearing more than one hat at one time

Share experience: research secondment

- NHS Nottingham City Research Capability Funding
- Advertised across CityCare March 2013
- 9 month secondment, 1 day / week (May 2013-Feb 2014) to University of Nottingham
- Enabled clinical work to continue alongside research activities
- Opportunity to:
 - work as part of a research team
 - develop research skills, building on previous experience

The Aims of the Research

The DECIDE project

- To gather evidence about current practice in care planning and decision making for frail older people (at risk of losing mental capacity)
 - Focus on everyday decisions
 - Preparation for National Institute for Health Research (NIHR) Programme Grant for patient benefit

Research questions: *How* is the MCA being applied in practice?

Study design:

- Comprehensive literature review
- Qualitative interviews with formal and informal carers
- 30 qualitative interviews across 4 care settings
 - Formal and informal carers
 - Thematic framework analysis using Nvivo

Benefits of the secondment

- Further developed research skills building on Masters work
- Involvement throughout the research process / cycle
- Opportunity for reflection and learning to further compliment clinical practice and career development
- Opportunity to gain 'first hand' experience working in a research environment
- Honorary contracts with Sue Ryder Centre



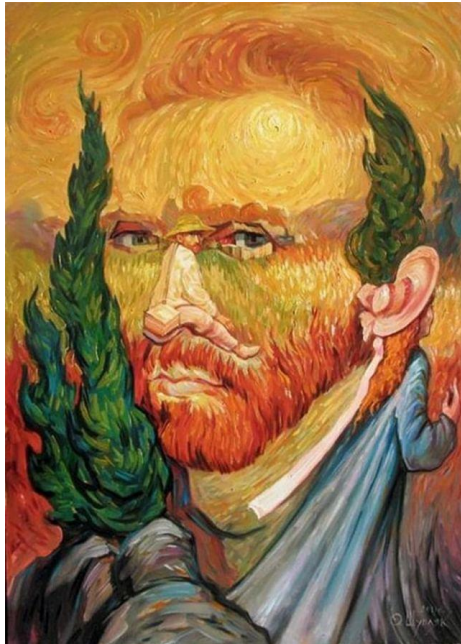
Benefits for both organisations

- Research capacity building
- Brought local knowledge to the project
- Added clinical and real world perspective to the research
- Optimised recruitment
- Enhanced network of colleagues
- Act as clinical consultants to other projects

The lived experience – dual role

- Recruitment - navigating services, systems and processes
- Engagement = 'one of us'... less threatening for participants?
- Drawing on clinical expertise – recognising and responding
- Boundary of researcher role

Illustrating the complexity of dual role



Scenario 1 – recognising dying

- Interview with informal carer at home
- Daughter, living with and caring for elderly mother (dementia)
- Mother was in room in hospital bed during interview
- Apparent that elderly lady was very poorly
- On completion of interview – sensitive communication to discuss EoLC issues and signposting
- Subsequent reflection led to further telephone contact

Scenario 2 – safeguarding concern

- Informal carer (wife) – elderly gentleman with vascular dementia
- Consent obtained
- Immensely challenging care situation
- Disclosure of physical and emotional abuse
- Value of joint interviewing
- Clinical experience informed supportive safeguarding referral

Current Position

- Final Report with findings, conclusions and recommendations submitted to funder February 2014
- GW and RF secondment complete – honorary contracts with Sue Ryder Centre
- Peer review journal publications and conference presentations being prepared/submitted with GW and RF as co-authors
- National Institute for Health Research (NIHR) grant application September 2014

Thank you for listening.

Any questions?

Ruth.feakes@nottingham.ac.uk

Gillian.whitworth@nottingham.ac.uk

Nottingham CityCare Partnership CIC

1 Standard Court
Park Row
Nottingham
NG1 6GN

e: citycare@nottinghamcitycare.nhs.uk

t : 0115 883 9600