

June/July 2019  
Issue 11

# NEWSLETTER

## NOTTINGHAM 10K RAISES OVER £12,000

Thank you so much to everyone that took part in the Nottingham 10k a few weeks ago. With £5 from every registration fee going to NBCRC plus additional sponsorship from our NBCRC runners over £12,000 has been raised for the Nottingham Breast Cancer Research Centre! Thank you also to our team of volunteers who helped the event run smoothly. An amazing result. Well done to everyone taking part!



If you missed it this year, or are just keen to do it all over again then put next year's date in your diary – **Sunday 31 May 2020**. £5 from every registration will once again go to NBCRC.

A special mention for one of our young volunteers, Lara, handing out water and energy drinks to our runners.

## NBCRC AT WONDER 2019



Did you come and visit us at the recent Wonder 2019 event at the University of Nottingham? The event was a free family day for curious minds which took place on Saturday 15 June 2019.

This year's theme was a celebration of the Year of the Periodic Table and therefore we chose Silicon to represent the NBCRC. Silicon is the element used to make silicone which is used in breast implants for reconstructive surgery.



Deputy Director, Andy Green, and Steering Committee Members Cinzia Allegrucci, and Alan Macintyre along with PhD student Luke Thornton were there to help with the activities and to showcase the NBCRC. Our activities had a fun link to the Silicon element where those with an interest in chemistry learnt to build the molecule and also had an opportunity to make up their own.

It was a good opportunity for members of the public and fundraisers to meet our researchers and discuss the progress the centre is making in better diagnose and treat breast cancer. If you came along we hope you enjoyed the day as much as we did!

## VEST ON A QUEST UPDATE

Our vest on a quest has really been clocking up the miles recently. You can follow its progress on Facebook @vestonaquest

You can also sponsor the vest or one of our runners at <https://www.justgiving.com/campaign/vestonaquest>  
All funds raised will go straight to the Nottingham Breast Cancer Research Centre based at the University of Nottingham



Here's the vest in Norway where Chris Bexton recently completed the Tromsø Midnight Sun half marathon.

The **Robin Hood Half Marathon** takes place on **29 September 2019**. Last year, 45 people took on the 13.1 mile route around Nottingham and raised a fantastic £8,000 for NBCRC.

*save the date*  
**AWARENESS  
DAY**

**22 SEPT 2019**

Clinical Sciences Building, City Hospital

Patient speakers  
Research updates  
Exhibitors  
Lab tours

### NBCRC Pilot Grants

Thanks to the amazing support of our fundraisers over the last 12 months NBCRC will soon award its first round of pilot grants. These grants will support the best novel breast cancer research proposals, allowing NBCRC researchers to generate robust data which can be used to secure more substantial funding from other organisations. An update will appear in the next newsletter.

### WANTS TO HEAR YOUR VOICE

*help us to make a difference when it comes to breast cancer*



**IF YOU ARE INTERESTED IN JOINING  
OUR PATIENT/SUPPORTERS GROUP**  
please contact us at [nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk)

### KEEP US INFORMED

**Are you...** Planning, doing, or have already done a fundraising event to support Nottingham Breast Cancer Research Centre? Due to new data protection rules, we are not always aware of your fundraising efforts. If you would like to keep us aware of what you are doing please get in touch:

[nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk)

### HOW TO GIVE

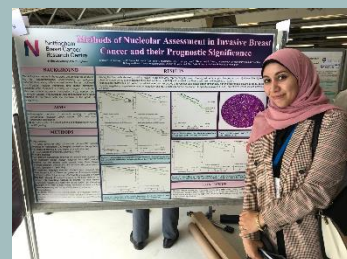
Every little bit helps.  
**100% of every penny given goes directly to our research.**  
If you would like to donate, please visit:

<https://www.nottingham.ac.uk/impactcampaign/projects/breast-cancer-research/breast-cancer-research.aspx>

### NBCRC shines at national and international meetings

The breast pathology team from the NBCRC were in full force at the recent annual Pathological Society meeting in Harrogate. A total of 10 posters and 5 talks were presented. Topics included how breast cancer spreads to the lymph nodes and the way breast cancers use nutrients including glutamine to grow. PhD student Khlood El-Sharawy (top) won first prize for her poster presentation and medical student Sara Al-Izzi also won the prize for the best undergraduate talk.

Members of our steering committee (Stewart Martin, Sarah Storr and Alan McIntyre) organised an international cancer conference that invited speakers from all over the world to talk about their research into the tumour microenvironment. The conference was organised with the British Association for Cancer Research with NBCRC members and students giving talks and presenting posters on their breast cancer research; the photo (right) shows the poster prize winners, with awards made possible with support from the European Association for Cancer Research.



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