

# Nottingham Breast Cancer Research Centre

## September 2018

### Issue 5

# NEWSLETTER

#### CONTACT US

nbcrc@nottingham.ac.uk  
[www.nottingham.ac.uk/go/nbcrc](http://www.nottingham.ac.uk/go/nbcrc)  
 0115 74 85158



#### KEEP US INFORMED

#### Are You...

**Planning, doing, or have already done** something to support Nottingham Breast Cancer Research Centre?

Due to new data protection rules, we are not always aware of your fundraising efforts. If you would like to keep us aware of what you are doing please get in contact:  
[nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk)

#### GET INVOLVED

If you would like to help with fundraising events to support our Centre, please contact us:  
[nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk) and  
[Dawn.broomfield@nottingham.ac.uk](mailto:Dawn.broomfield@nottingham.ac.uk)

#### EVENTS

##### 30 September 2018

Robin Hood Half Marathon  
<http://www.robinhoodhalfmarathon.co.uk/>



##### 7 October 2018

Breast Institute Open Day  
<http://bit.ly/NBIThinkPink>

##### 27 October 2018

Art Exhibition hosted by Wollaton Park Rotary Club  
<https://www.facebook.com/WollatonParkRotaryClub/>

##### 28 October 2018

NBCRC Breast Cancer Awareness Event - Medical School, QMC  
<https://bit.ly/2O4D04V>

##### 10 November 2018

Boobie Ball - Tickets Sold Out  
<http://theboobieball.wixsite.com/boobieball>

#### BREAST CANCER RESEARCH AWARENESS DAY – 28 OCTOBER

#### SAVE THE DATE



Following the success of our launch & awareness event in March, we are now planning another awareness day on Sunday 28 October – well it is breast cancer awareness month after all!

**Please come along** to the Medical School, QMC, Nottingham to find out about our research and hear about personal experiences from four brave breast cancer survivors.

Find out more on our website or get in contact for more information (see CONTACT US).

#### NOTTINGHAM 10K – 12 AUGUST



On 12 August, runners took part in the Nottingham 10K and raised £516. Thank you to everyone who participated. Let us know your story and if you would like a personal thank you from the Researchers.

#### IN MEMORY OF JANINE BROOK – BOOBIE DATE

#### CHARITY GOLF DAY – 2 SEPTEMBER



James Whatley organised a Charity Golf Day in memory of his sister Janine Brook on Sunday 2 September at East Midlands Golf Academy. 104 golfers plus their families got involved and teed off to music, raising a fantastic £4200.



#### DERBY TRIATHLON – 9 SEPTEMBER

Also well done to James and his friends for competing in the Derby Triathlon on Sunday 9 September. So far they have raised £2335.

#### BOSOM BUDDIES PROJECT



The Bosom Buddies Project is the brainstorm of Claire Tomlinson who was diagnosed with breast cancer in May 2017. Through the sales of designer tote bags, she aims to:

- Make sure that we are ALL breast aware and know what is normal and what's not for us!
- Raise money for our Breast Cancer Research
- Give designers the opportunity to support the cause by interpreting their take on breast examination

A handful of designers have come up with a range of designs.

Take a look for yourself on their Facebook page:

<https://www.facebook.com/bosombudproject/>

All proceeds go to the Nottingham Breast Cancer Research Centre

## A PATIENTS PERSPECTIVE

## JOANNA

*"- We are so grateful for the treatment we have had available to us which was only possible through research and raising funds is a way we can give back.*

*- It is also a challenge for us individually to be fit enough to complete a walk that our treatment had made us all too ill to do. It is a part of recovery to have a physical activity to work towards and complete. The fund raising helps to make it an even bigger achievement*



## MEET A MEMBER

## CINZIA ALLEGRECCI

**WHO AM I?** I am an Associate Professor in Cancer and Stem Cell Biology.

**MY RESEARCH** I have been working in breast cancer research over the last 11 years. My research focuses on understanding how stem cells within the mammary tissue become cancerous. In the normal mammary gland, stem cell proliferation is tightly regulated and occurs under the influence of pregnancy hormones. However in cancer, stem cell proliferation becomes unregulated due to aberrant expression of genes which lead to tumour growth. My group investigates the molecular mechanisms responsible of this aberrant gene regulation and devises therapeutic strategies to reverse them to bring cancer cells back under normal growth control. My research contributes to the development of effective therapies for breast cancer and to new ways of disease management..



**OUTSIDE WORK** I spend time outside work with my family, husband Ramiro and son Luca (5 years old).

**INTERESTING FACT** I love nature, animals, and travelling. I am a terrible runner but I will always do it for an important cause.

## OTHER NEWS



**Congratulations** to Lisa Johnson who has been awarded the 'Exceptional Contribution Award' as part of the University of Nottingham Volunteer Awards for being an advocate and fundraiser for our research.



## Follow Us



[Facebook.com/NottmBreastCancerResearchCtr](https://www.facebook.com/NottmBreastCancerResearchCtr)



[Twitter.com/NottmBCRC](https://twitter.com/NottmBCRC)

## Contact Us

[nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk)

[www.nottingham.ac.uk/go/nbcrc](http://www.nottingham.ac.uk/go/nbcrc)



**Want to View this Newsletter Electronically?**  
Please go to the news page on our website: <https://bit.ly/2scPlk5>



## OUR SUPPORTERS

We have updated our website to include information about our supporters so we can say a huge **Thank You** to everyone who has supported us through fundraising, donations and support. Take a look... <https://bit.ly/2DpWhsz>



## AWARENESS

You can also find information about local support groups and links to valuable resources which aim to raise awareness, highlight the importance of self-examination and provide a path to get answers to your questions. <http://bit.ly/BCaware>



## KEEP US INFORMED

Do you have any news or information on NBCRC fundraising events, or would like to share your stories and experiences with us?

We would love to hear all about it.

Please get in touch.



[nbcrc@nottingham.ac.uk](mailto:nbcrc@nottingham.ac.uk)

## HOW TO GIVE

Every little bit helps.

100% of every penny given goes directly to our research.



If you would like to donate, please visit:

<https://alumni.nottingham.ac.uk/impact/donationform-breastcancer>