

# CORE-Kids Twycross PPI Event

20/02/2020

## Background

The CORE-Kids project is a study to find out what are the most important outcomes to measure after a child has broken a bone in their arm or leg.

As part of the project, information about outcomes have been found from looking through previous research reports, in-depth interviews with families and through an international online study.

On the 16<sup>th</sup> March, a meeting is being held in Nottingham to agree on the most important outcomes to measure in all future research studies. In the preparation for this meeting, we wanted to find out how accessible the method is for parents, what changes needed to be made to the method to make it most useful and if there is a list of outcomes that were important to them.

## The event



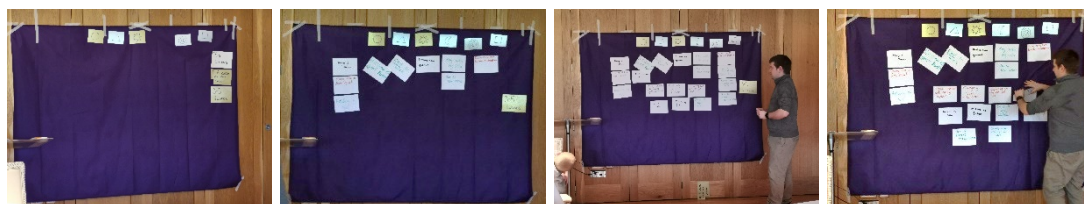
On the 20<sup>th</sup> February 2020, four families with experience of childhood injuries and fractures braved the rain to attend the CORE-Kids patient and parent involvement event at Twycross Zoo.

The participants were able to explore the zoo before the meeting and returned to discuss outcomes important to children and families while they were drying out and enjoying lunch.

Children and adults were able to have an incredibly useful discussion, identifying outcomes important to them and then grouping the outcomes to form an agreed list of important outcomes to help future research.

## Results

Over the hour and a half, the purple wall was quickly filled up with outcomes that were important to the group, then the group were able to categorise the outcomes



These recommended outcomes were typed up directly from the wall and are shown below:

Self-Care	Bedtime	Managing School	Dealing with discomfort	Things you want to do	Learning about the injury	Navigating the world
Having a shower	Having a good night	Can't do schoolwork	Pain	Play with my sister	Recognising the bone is broken	Managing stairs as the parent
Being able to dress myself	Sleeping in your bed	Writing at school	Itch	How to keep active	Return to normal activity	Getting out and about
Holding my milk			Keeping spirits up (coping strategies)	Knowing what activities are safe	Knowing what activities are safe	Time off work for Mum & Dad
Going to the toilet				Playing video games	How to prevent recurrence	Access to activities
Going to the toilet				Swimming	Confidence	
Showering and can limb get wet				Go to swimming	Long term impact	
Being independent with standing up and down				Staying positive		
Keeping spirits up (emotional health)						

## Next steps & learning from feedback

1. Sticky wall format worked well with ability to place and reposition ideas
2. Use paper not card for sticking onto wall
3. Consensus can be agreed within 1 hour but was a little rushed. Would be better with 90 minutes of dedicate time and discussion time
4. Participants were happy to generate own rule set to work to
5. Parents and children became fatigued after clustering outcomes and would require a break before naming categories
6. Need a single 'recap' moment after naming categories rather than after placing all ideas
7. More time needed to transcribe ideas onto cards
8. More child friendly lunch for next event

Thank you to all who were involved for an enjoyable and useful meeting.

