

## Nottingham Stroke Research Partnership Group

The route to meaningful research activity can only be achieved by truly understanding the actual impact caused by stroke. In recognition of this the Nottingham Stroke Research Partnership Group was established in 2004.

### A Brief History

The Nottingham Stroke Research Partnership Group (NSRPG), brand-named **atastroke**, was formed in November 2004 as an independent partnership organisation of stroke researchers from the University of Nottingham, stroke survivors and their carers. There has been a small core group of people (plus a group of virtual associates) involved over the years who have been principally engaged in the review of stroke research proposals, serving on trial steering groups, or participating in trials themselves.

The impetus for the Group came from the University's Stroke Research Strategy Group who had been aware for some time that research conducted locally had been remiss in their ability to involve stroke patients and their carers in the research process. They invited Ossie Newell who was chairman of the then Nottingham Stroke Services Partnership Action Group, **@astroke**, a patient led group, to help set up this organisation.

The group's philosophy as a partnership group can be summed up as follows:-

**P**atient Focused  
**A**ccountable  
**R**esponsive  
**T**rue Partners  
**N**one Confrontational  
**E**qual  
**R**espectful  
**S**eamless

The Group has led three successful Stroke Lay Conferences since July 2013, with over 120 stroke survivors, their families and members of the public affected by stroke attending each event.

The **@astroke** Logo has the leaves of new shoots of recovery for new beginnings. This was adopted in memory of Philip Noskeau and in gratitude for the original members who came from the **@astroke** organisation to form the Group in November 2004.

New members have been recruited to the core group of the structure and its size has been increased to 15 members.

In September 2015, Dr Ossie Newell MBE and Professor Marion Walker MBE stepped down from their Joint Chair roles of the Stroke Partnership Research Group.

The meetings take place every two months at University Park, Nottingham.

## Chairs of the Nottingham Stroke Research Partnership Group

This group is co-chaired by stroke survivor Ms Christine Knott, with Dr Fred Higton, also a stroke survivor, as Deputy Lay Chair. Professor Nikola Sprigg and Dr Rebecca Fisher are joint Academic Chairs.



Ms Christine Knott CBE  
Stroke survivor, Lay Chair

"Physiotherapy and gym activities have worked wonders. If you are determined, you can do anything!"

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Dr Fred Higton  
Stroke survivor, Deputy Lay Chair

"When you suffer a stroke it can stop you doing something that you have always been able to do. Find another way to do it, or find something different to do. Never give up!"



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Dr Rebecca Fisher  
Joint Academic Chair



Rebecca is a Stroke Association HRH The Princess Margaret Senior Lecturer at the University of Nottingham. Rebecca's current research is focused on the implementation of evidence based community stroke services.

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Professor Nikola Sprigg  
Joint Academic Chair

Nikola is Clinical Professor of Stroke Medicine at the University of Nottingham, and also an Honorary Consultant Physician in Stroke Medicine for Nottingham University Hospitals NHS Trust.



# Nottingham Stroke Research Partnership Group Structure

## University of Nottingham Stroke Research Partnership Group (UNSRPG) atastroke

