

## Nottingham Stroke Research Partnership Group

The route to meaningful research activity can only be achieved by truly understanding the actual impact caused by stroke. In recognition of this the Nottingham Stroke Research Partnership Group was established in 2004.

### A Brief History

The Nottingham Stroke Research Partnership Group (NSRPG) was formed in November 2004 as an independent partnership organisation of stroke researchers from the University of Nottingham, stroke survivors and their carers. There has been a small core group of people (plus a group of virtual associates) involved over the years who have been principally engaged in the review of stroke research proposals, serving on trial steering groups, or participating in trials themselves.

The impetus for the Group came from the University's Stroke Research Strategy Group who had been aware for some time that research conducted locally had been remiss in their ability to involve stroke patients and their carers in the research process. They invited Ossie Newell who was chairman of the then Nottingham Stroke Services Partnership Action Group, [@astroke](#), a patient led group, to help set up this organisation.

The group's philosophy as a partnership group can be summed up as follows:-

**P**atient Focused  
**A**ccountable  
**R**esponsive  
**T**rue Partners  
**N**one Confrontational  
**E**qual  
**R**espectful  
**S**eamless

The core group comprises 15 stroke survivors and carers, with a wider network of members feeding in virtually when possible.

In September 2015, the late Dr Ossie Newell MBE stepped down from his Lay Chair role of the Stroke Partnership Research Group. Professor Marion Walker MBE also stepped down from her Academic Chair role at that time.

The meetings take place every month via a virtual meeting platform and the group occasionally meet face to face.

The Group has led annual Stroke Research Showcase events since July 2013, with over 120 stroke survivors, their families and members of the public affected by stroke attending each event.

## Chairs of the Nottingham Stroke Research Partnership Group

This group is co-chaired by stroke survivor Mr Philip Johnson, with Dr Fred Higton, both stroke survivors. Professor Nikola Sprigg and Dr Niki Chouliara are joint Academic Chairs.



Mr Philip Johnson  
Stroke survivor, Lay Chair

"I am delighted to be giving something back to help stroke survivors live the best life they can through stroke research"

Dr Fred Higton  
Stroke survivor, Lay Chair

"When you suffer a stroke it can stop you doing something that you have always been able to do. Find another way to do it, or find something different to do. Never give up!"



Dr Niki Chouliara  
Joint Academic Chair

Niki is a Research Fellow at the University of Nottingham. Niki's current research is focused on measuring performance of an integrated community stroke service model. Niki has also secured funding from the Stroke Association to conduct a research study on stroke telerehabilitation and produce recommendations for practice that consider disparities in accessing these technologies.

Professor Nikola Sprigg  
Joint Academic Chair

Nikola is Clinical Professor of Stroke Medicine at the University of Nottingham, and also an Honorary Consultant Physician in Stroke Medicine for Nottingham University Hospitals NHS Trust.

