The University Of Sheffield.

BEADS

Behavioural Activation Therapy for Depression after Stroke

The University of Nottingham

UNITED KINGDOM · CHINA · MALAYSIA

BEADS study recruiting in Sheffield

Welcome to the BEADS newsletter! This month sees the launch of our study in Sheffield.

What is the BEADS study?
We are a pilot randomised controlled trial to assess the feasibility of a study to investigate the clinical and cost-effectiveness of Behavioural Activation therapy, a psychological intervention for people with **post-stroke depression**. The study is running in three sites (Derby and Mansfield will also start soon). We are hoping to recruit a total of 72 people to the study.

Chief Investigator
Dr Shirley Thomas, University of Nottingham

The BEADS study in Sheffield
- We are recruiting patients who are between 3 months and 5 years post-stroke. Patients with aphasia **are included** in this study.
- Patients can be told about the study before 3 months and give their permission to be contacted by the researcher about the study later on.
- You do not need to decide whether you think someone is depressed or not. The researcher will use a depression questionnaire to work this out for the study.

Can you help us?

If you have contact with stroke patients then you can refer them to the study. You can ask the patient if they are happy for you to pass on their contact details to the study researcher. **Please contact Josh Maybin for more details and a copy of our referral form.**

If you are based at the Royal Hallamshire Hospital and work for Sheffield Teaching Hospitals NHS Trust, please contact Emma Richards, Senior Stroke Research Sister on 0114 271 3749 for a referral form.

Local PI: Dr Jane Barton
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More information
Please contact the Study Manager, Lizzie Coates (e.coates@sheffield.ac.uk 0114 222 0886)
Visit the BEADS website: http://nottingham.ac.uk/research/groups/strokerehabilitation/projects/beads.aspx
We are also on Twitter @beads_trial