

NRC



National Rehabilitation
Centre (NRC)

Patient and Public
Involvement and
Engagement (PPIE)
Network

Contents

- 1** Introduction to the National Rehabilitation Centre (NRC)
- 2** What is patient and public involvement and engagement (PPIE)?
- 3** The NRC PPIE Network mission
- 4** Why is your input important?
- 5** Who might be involved?
- 6** What does being in a PPIE team involve?
- 7** Ways of working
- 8** Recognition of your involvement
- 9** Getting in touch

1. Introduction to the NRC

The National Rehabilitation Centre (NRC) is a new, 70-bed, NHS rehabilitation facility currently (March '24) under construction on the Stanford Hall Rehabilitation Estate near Loughborough. The NRC will drive excellence in rehabilitation, transforming outcomes for people who have experienced potentially life-changing injury, trauma or illness. It will achieve this by fully integrating research, innovation, education and training with clinical practice.

Hosted by Nottingham University Hospitals NHS Trust, the NRC is uniquely placed to pioneer international research into clinical rehabilitation, rehabilitation products and technologies. Loughborough University and the University of Nottingham will lead the NRC academic activity. The NRC will open for patients in 2025.

This document will explain **patient and public involvement and engagement (PPIE)** within the NRC and how it can benefit rehabilitation sciences.





2. What is patient and public involvement and engagement (PPIE)?

Patient and public involvement and engagement (PPIE) is generally defined as research being actively carried out **'with'** or **'by' members of the public** rather than 'to', 'about' or 'for' them. When the public gets involved, they partner with researchers, clinicians etc. to help shape things such as:

- The research undertaken
- How the research is carried out
- How the results are shared and applied in practice.

PPIE is not the same as taking part in a research study (which is known as participation). PPIE is about **being a member of the research team, working together** to design and run the research, supporting relationships between patients, the public and researchers.

You bring a unique perspective arising from your lived experience. Learning from, and incorporating, these experiences increases the quality of the research leading to better outcomes.

3. The NRC PPIE Network mission

The PPIE Network has been established to ensure patients and the public with lived experience of rehabilitation can contribute to all aspects of research, innovation, education and training within the NRC.

The mission statement for the NRC PPIE Network is as follows:

To be actively involved in strategic decision-making, and provide consistent and meaningful representation within clinical, research and innovation, and education and training, delivered through the NRC.

We value PPIE in our activities and will ensure the public and communities are empowered and supported to be actively and meaningfully involved in all aspects of our work.



4. Why is your input important?

Co-development (or co-production) is an approach in which researchers, practitioners and the public work together, sharing power and responsibility from the start to the end of a project, including the generation of knowledge. **Co-development is fundamental** to our work across all areas of the NRC programme, whether it is research and innovation, education and training or health services e.g. patient facing information sheets.

For example, PPIE can **improve the research and health services**. The idea is that the quality, relevance, focus and impact of the work will be improved by including people who will **see the project from the service user's perspective**.

PPIE members can identify practical considerations, which **the project team may not anticipate** because **they do not have lived experience** of a particular health or social concern.



5. Who might be involved?



Every PPIE team will look different and members can be from diverse backgrounds. The **key requirement** will be **lived experience** that **relates to the specific area, in this case rehabilitation**. PPIE team members may include, but are not limited to:

- A patient with experience of rehabilitation
- A retired health professional
- A carer or family member
- A member of the public with an interest in rehabilitation
- An employee of a related charity.

As a PPIE member you will bring your own set of skills and expertise that can be used to help shape the NRC. We aim for diversity where possible when assembling our PPIE groups. The NRC PPIE Network has a wide range of members with different lived experiences, ages and backgrounds.

6. What does being in a PPIE team involve?

There are many ways in which a PPIE team can have an impact. PPIE members are useful in considering perspectives that the project team may not see. For example, ensuring the language and terminology used are accurate and appropriate. Checking that the demands are realistic and suitable for the target population. What may be the motivation for the target population for taking part and does the research project capture that?

The PPIE team will typically have several meetings over the course of a year but other exchanges with the NRC team can take place occasionally.

Some common examples of PPIE team activities include:

- Offering patient insight into development of research project proposals and study protocols
- Providing patient perspective to research grant applications
- Commenting on the value of a research study or the impact of a study for patients
- Reviewing the accessibility of research outputs for a lay reader – making it easy to read
- Providing patient insight into development of new educational programmes
- Commenting on course contents and learning outcomes of the training programmes
- Contributing to training sessions (where appropriate skills and training are in place)
- Participating in discussions and/or workshops
- Commenting on service design, use of clinical resources, recruitment of the workforce, clinical guideline and standards setting
- Providing insight and oversight of the NRC PPIE Network activities
- Contributing to the strategic direction and engagement of the Network
- Commenting on how the Network is representing the NRC and its patient population
- Reviewing the Network processes and procedures.

7. Ways of working

Currently, the PPIE Network meets in-person (with an option to join online via Microsoft Teams) every two months.

Member invitations are rotated to ensure we have a balanced, varied background in the group. All meetings will be confirmed between two to four weeks of the meeting date. Meetings last no longer than 90 minutes. They will be chaired according to a pre-circulated agenda.

In person attendance at the meetings is set to allow adequate discussion and mix of experience. Members are asked to express an interest in attending and between 2 to 6 will be invited to attend in person. There is no limit to the number who can join online. The meetings will be chaired and notes taken by representatives of the partner organisations. Individuals presenting their items for discussion will attend for their allocated time only.

If you are not already a member of the PPIE Network and would like to join then please complete the [Microsoft sign-up form](#), email: NRC@nottingham.ac.uk or scan the QR code below.



National Rehabilitation Centre
Patient and Public Involvement &
Engagement (PPI-E) Network.



8. Recognition of your involvement

We are extremely grateful for the time and contribution that members bring to the PPIE Network. Members are offered reimbursement for their time, and expenses, in line with National Institute for Health and Care Research (NIHR) guidance.

We can reimburse your time for preparing for, and taking part in, NRC PPIE Network activities. We can also reimburse your travel expenses for any in person events or activities. Depending upon the activity, the Network will provide refreshments and printed material as required. Any additional expenses or reimbursements for taking part in the activities are not usually included but can be discussed beforehand (e.g., carer or supporter reimbursement, additional printing, internet).

The Network has a standard form to process these claims which will be made available after the activity. We can help you complete these forms or discuss different options depending upon your circumstances.

Please email NRC@nottingham.ac.uk for more details.



9. Getting in touch

If you have any questions or you want to discuss the NRC PPIE Network, please contact the team at the email address listed below.



Carrie Chalmers

University of Nottingham, Senior Administrator

Please contact Carrie for queries relating to Network membership, reimbursement or meetings.



NRC@nottingham.ac.uk



Vicky Booth

University of Nottingham, Network Chair & NRC PPIE Lead

Please contact Vicky for University of Nottingham queries.



NRC@nottingham.ac.uk



Kristen Clements

Loughborough University, NRC PPIE Lead

Please contact Kristen for Loughborough University queries.



NRC@lboro.ac.uk



Alison Wildt

Nottingham University Hospitals NHS Trust, NRC Service Improvement Lead

Please contact Alison for NHS Trust queries.



NRC@NUH.NHS.uk

Thank you for taking the time to read this document.

For more information on the National Rehabilitation Centre
please visit:

<https://nationalrehabilitationcentre.nhs.uk/>

For more information on the NRC Academic lead organisations:

<https://www.lboro.ac.uk/research/national-rehabilitation-centre>

<https://www.nottingham.ac.uk/research/nrc/index.aspx>

We would welcome your comments on the usefulness (or not) of this Information Pack
and how it might be improved.