



"Appropriate delivery with clear knowledge and appreciation of the target audience. Students were keen to express their enjoyment of the session and all felt that they had gained valuable knowledge from the session. Excellent rating from class" *Nottingham College*

We are aware of the increasing importance of the Gatsby Career Benchmarks. For your convenience, we have identified where our sessions meet the criteria. For reference, we refer to the relevant Benchmark as 'GB2, GB3' etc.

The following activities are available for your Access to HE students

In-college, online or voice recorded Activities:

Researching Your HE Options (1-1.5hrs recommended) (GB2, GB3, GB4)

Suitable for the beginning of the year, this session gives a full introduction to the benefits of HE. The session tackles the application process head on and aims to encourage students to research their options fully to help them make informed choices. We will cover aspects such as entry requirements, course structures, the UCAS process and ultimately which course is right for them.

UCAS Personal Statement Workshop (1-1.5hrs recommended) (GB3)

This interactive session encourages students to reflect on their skills and achievements and recognise the breadth of information required in a personal statement. By the end of the session students will have the basic outline of their statement.

University Finance (1 hr recommended)

An in-depth look at HE finance, with a particular focus on enabling students to be proactive and prepared when it comes to bursaries, childcare, extra support etc. Can include a budgeting exercise if requested.

University Interviews (1-1.5hrs recommended) (GB3)

A session which will introduce students to the interview process. The session will include tips and guidance on the interview process and the opportunity to have a mock interview.

Study Skills for Higher Education (1-1.5hrs recommended)

These interactive sessions introduce students to the different study skills required in HE. These sessions are aimed at supporting students' transition to HE but is also useful from an FE perspective as it supports and reiterates teaching in this area. Sessions are available in:



Essay Writing - students undertake exercises to help them decipher essay questions and approach their essay writing in an organised academic manner. The focus is on structure and original/critical thinking.

Referencing and Plagiarism - students are introduced to the importance of referencing in academia and undertake a number of different exercises including a 'when to reference' game. The issue of plagiarism is covered in detail.

Extra Activities at The University of Nottingham:

Ambition Nottingham Access programme

The Ambition Nottingham programme is designed to provide Access students with further information about studying a course at university, the programme is designed to support students through the UCAS Application process providing guidance and advice.

Some of the activities will include:

- Subject taster sessions (Nursing, Midwifery, Social Work, Physiotherapy, Sports Rehabilitation and Exercise)
- University information workshops (personal statements, interviews, finance, Q&A sessions, transition support)
- UCAS support

I shall send more details about the Ambition Nottingham programme separately.

Campus Visits at the University (Agenda and times can be arranged to suit your needs)

Campus visits can be requested but availability will have to conform with health and safety/availability of space due to Covid restrictions. Please email a request and we will try to accommodate and get back to you with more details.

A day or half day visit to the University. Sessions will be tailored to your students' needs and can cover any preferred aspects from the sessions above. Or, alternatively we can arrange sessions that you think would best suit the needs of your groups and cover any aspects that you feel appropriate. There will be an opportunity for a campus tour and to visit an academic library. Current students from an educational background similar to your students will be present.

For Tutors: Reference writing (1 hour)

The reference is something university admissions tutors take very seriously when considering potential students, particularly for competitive courses. This interactive group session will explore what admissions tutors are looking for in more detail and aims to highlight good and bad practice. Suitable for those responsible for writing the UCAS reference.

For further details or to book an activity contact:

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