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Pre-16 Outreach at the University of Nottingham

[nottingham.ac.uk/
schoolsliasion](https://nottingham.ac.uk/schoolsliasion)



Outreach at the University of Nottingham

The University of Nottingham's Widening Participation and Student Recruitment Outreach team works towards raising aspirations, attainment and progression to university, particularly among learners currently under-represented in higher education.

This short guide outlines the range of free activities and events we can offer your school or academy. If you would like to book any of the following activities, please complete the relevant online booking form, which can be found on the next page. We can take school bookings throughout the year, subject to availability.

The Gatsby Career Benchmarks

We are aware of the increasing importance of the Gatsby Career Benchmarks. Our outreach programmes are designed to support them. For your convenience, we have identified where our sessions meet the criteria.

For reference, we refer to the relevant Benchmark as GB2, GB3 etc.

“ The programmes offered by the University of Nottingham encourage our students to make informed and considered choices regarding their future progression. They have inspired our students with a sense of motivation, self-confidence and positivity and the engaging and thought provoking activities have fuelled their passion for learning! ”

Quarrydale Academy



Activities for your school – pre-16

Pre-16

In-school sessions: [booking form](#)

Key Stage 3: Introduction to Higher Education (GB2, GB3)

This session introduces the concept of higher education, the range of courses, extra-curricular activities and explores future career options. Delivered to groups of up to 30 students (interactive session) or in an assembly format for the whole year group.

Key Stage 3: Exploring careers and post-14 options (GB2, GB3, GB4)

An interactive session for year 8/9 pupils which will increase their awareness of careers and associated degrees. The pupils will consider what their skills and qualities are and how to evidence these. Delivered to groups of up to 30 students.

Key Stage 4: Is University right for me? (GB2, GB3)

This session explores the benefits of going to university. Students will learn how best to research, understand student finance and how university differs to school. Delivered to groups of up to 30 students (interactive session) or in an assembly format for the whole year.

Key Stage 4: Building Confidence and Resilience (GB8)

This session allows students to explore confidence and resilience to support unexpected setbacks. Students will be introduced to coping strategies used to aid resilience for their future. Delivered to groups of up to 30 students.

Key Stage 4: Memory techniques for effective studying

An interactive session to help prepare pupils for their revision and exams as well as equip them with techniques for longer term study. Delivered to groups of up to 30 students (interactive session) or in an assembly format for the whole year group.

Pre-16

On site at University of Nottingham: [booking request form](#)

Campus visits – all year groups (GB2, GB3, GB7)

Our campus visits are available for all year groups and can be delivered to a maximum of 60 students. The visit to the University gives students an insight into university life with the aim of raising aspirations and providing them with information, advice and guidance. Students will participate in a range of interactive workshops, meet current student ambassadors and tour one of our campuses.

Further information regarding the session content within our campus visits are included in the booking form above.

Other on-site events

Year 10 Exploring University Together (GB2, GB3, GB7)

Interactive events for year 10 pupils and their families, to provide information and dispel the myths about higher education. These are run in partnership with Nottingham Trent University.

Find out more:

nottingham.ac.uk/go/pre16





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This publication is available
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The University of Nottingham has made every effort to ensure that the information in this leaflet was accurate when published. Please note, however, that the nature of the content means that it is subject to change from time to time, and you should therefore consider the information to be guiding rather than definitive.

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