



University of
Nottingham

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Welcome to Kegworth

Your handy guide to
living in the community



Watch Beth
and Ben walk
you through
this guide
here:



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Introduction

You are now part of a **mixed community of people**, and this brings about certain roles and responsibilities that are very different to living in halls of residence.

We've put together this guide to **help support you** during your time living in the community, with lots of advice on how to be a **good neighbour, get involved and make a positive impact** on your local area.

Kegworth is a brilliant place to live, work and study and we want you to **make the most of your time** while you're in this great village.

Welcome from your Students' Union Community Officer

Hi, my name is Poppy and I'm your Community Officer for the next academic year.

Elected by the student body, I represent you on issues such as housing, transport, and safety when communicating with the University, the council and other local authorities.

This guide contains some advice about living in the local community and signposts you towards where you can seek advice and support for community related matters should you need it.

Enjoy your time living off campus, you'll have a great year! If you have any questions or problems, don't hesitate to send me a message.

Poppy Read-Pitt Community Officer
@uonsu_community



Hello! We're your Students' Union

We're an independent, student-led organisation that represents your needs, protects your rights and makes sure your voice is heard. Led by a team of elected SU Officers, we're a vibrant community 38,000 strong, made up of everyone from first-year to PhD students, SU staff and volunteers. The good news is, you're automatically a member when you join the University of Nottingham!



Visit our website to find out more su.nottingham.ac.uk

Moving in checklist

Take this handy checklist with you when you move in, and check off each item once it's done.

- Have you got your signed tenancy agreement and keys to get in?
- Have you sorted a parking permit while you move your belongings from your car to your digs?
- Locked your car and house while you're moving goods?
- Checked the property for marks/scuffs/damage, and taken date-stamped photos?
- Have you reviewed and amended the inventory by the deadline and kept a copy? Make sure it accurately describes the property and its contents.
- Does everything work? If anything's broken, let the landlord or agent know (ideally in writing)
- Have you recorded the gas, electric and water meter readings and contacted the suppliers?
- Do you know where your water stop tap and electrical fuse box are?
- Have you considered how you would get out in the event of a fire?
- Are your belongings insured?
- Do you know the local bin collection details?
- Introduced yourself to your neighbours?



Your role as a housemate & as a neighbour

Your role as a housemate

Here are some day-to-day practicalities to help you have the best time in your university house:

Create a rota. You could sit down together to create a rota of all the chores and tasks the whole household will have responsibility for. And when something isn't quite right, try to avoid passive aggressive notes and revenge tactics; it's super important to talk to each other!

Spend time together. When you move in, try to organise something social that involves everyone in the house – maybe a movie night or making homemade pizzas together.

Communicate your boundaries. It's worth discussing with your new housemates what your different boundaries and expectations are to avoid conflict later on. Try to consider that everyone comes from different lifestyles and family experiences! Talk about how people feel about sharing food/kitchen utensils, cleanliness, visitors and noise levels.

If things escalate, please contact SU Advice to talk through the issues

Your role as a neighbour

Here's how you can be considerate of neighbours:

Say hello! If you're friendly and approachable, you're much more likely to have a positive relationship with your neighbours.

Ordering a taxi? Remember to ask the driver not to sound their horn when they arrive and wait inside for the taxi to arrive to avoid noisy gatherings on your doorstep.

Heading out for the night? Be considerate of sleeping residents and keep the noise down as you walk into town and head home at the end of the night.

Going out with alcohol? It's not permitted to drink alcohol on the streets of Nottingham. Don't let your drink get poured down the drain, leave it at home!

Hosting? Always speak to neighbours and those living close by if you plan on having a few friends round, check it is okay with them. House parties particularly effect people in the community with work or school the next day. Please keep in mind that large, loud and late house parties are discouraged and any complaints may be passed onto the Police, Council and University.

Your Students' Union Advice team

Students' Union Advice provide free, impartial advice and information to all University of Nottingham students. Independent from the University, the Advice team is made up of permanent members of Students' Union staff and our service is completely confidential.

We provide information and advice on a wide range of issues affecting students such as:



Housing advice – house hunting, contracts, deposits, issues with landlords, disrepair, disputes with housemates etc



Money advice – funding, debt, budgeting, benefits and utility/council tax bills etc



Course advice – extenuating circumstances, academic appeals, complaints, student code of discipline etc

Get in touch

E: suadvice@nottingham.ac.uk

T: 0115 846 8730

Office: C floor, Portland Building, University Park

You can find out more information about our service at su.nottingham.ac.uk/advice

North West Leicestershire District Council

Supporting students



North West Leicestershire District Council is your local authority and as a local citizen you have access to a whole host of information and services:

- Bin collections
- Recycling and refuse
- Improving your environment
- Community safety
- Housing
- Your local councillors
- Community support and advice
- What's on
- Leisure services
- Parks' information
- Markets

To access all this information
Visit nwleics.gov.uk for the latest
news and events or find us on
Facebook and Instagram.

Report any waste
or housing/landlord
issues here:



Kegworth Parish Council

There are three Councils providing services to Kegworth, each one with councillors and officers working with local people and partners to agree and deliver local priorities for the village. The grid in the link below gives you information on who you should contact if you need help with any of the services being provided.
kegworthparishcouncil.gov.uk/uploads/what-do-your-councils-do.pdf

One of our parish councillors is a student at your University. We have many students living in the village. Our meetings are usually on the first Monday of the month at 7:30 pm in the Parish Office and are open to the public. If you are interested in getting involved, or you wish to raise a matter with the Parish Council, please contact the Clerk at the Parish Office at:

Kegworth Parish Council
1 London Road, Kegworth, DE74 2EU
01509 670204
clerk@kegworthparishcouncil.gov.uk
www.kegworthparishcouncil.gov.uk



Food and drink

There are so many great places you can go to tuck into tasty food and delicious drinks! Students living in Kegworth recommend:

Shops

Sutton Bonington

Pasture Lane Stores - general corner shop just past the King's Head

Kegworth

Co-op

BP Garage and Spar shop
(Closes 9pm)

Oaklands - meats and deli foods. It's also a café which serves fantastic breakfast takeaways.

Hidden Gem Kitchen - café and takeaway

Supermarkets

ALDI - Castle Donington and Loughborough

LIDL - Loughborough

Tesco delivery

ASDA - Shepshed

Morrisons - Loughborough

Takeaways

Kegworth

The Anchor Inn (Station Road)
They do a takeaway/collection service

Chinese

Diamond City (closed Mondays)

Zhen Garden (on Just Eat)

Fish and chips

Kegworth Fish Bar
(next to the garage)

Indian

Jee Ja Jees (sit in or takeaway)

Laika Indian Restaurant and Takeaway

Health Services

Orchard Surgery

The Dragwell, Kegworth,
Derbyshire DE74 2EL
T: +44 (0) 1509 672 419
W: kegworth.net



Cripps Health Centre

University Park
Nottingham NG7 2QW
T: +44 (0) 115 846 8888



Pizza

Domino's (delivery or collection
in Loughborough, collection in
Castle Donington)

Sutton Bonington

King's Head (they do a
takeaway/collection
service)





Binformation and recycling

Keep on top of your recycling and use the correct container – remember to keep glass in a separate red box to plastic, cans and tins!

- Download your bin calendar at nwleics.gov.uk/collections so you don't miss a collection day
- Take your bins and containers off the street as soon as they've been emptied
- Rinse your glass, plastic, cans and tins
- Fasten the lid on your red boxes to keep your street clean and tidy
- Squeeze and squash plastic, cans and tins to fit more in the red box
- Support the environment by recycling as much as possible.



Find all the information you need by scanning the QR code.

Recycle used batteries in a recyclable container with a lid next to your red boxes...
#recyclemore



North West
Leicestershire
District Council



Recycle
more...

One Kegworth

One Kegworth is a group of like-minded people who want to bring Kegworth together as one. The committee is made up of village residents, business owners, professionals and University students who all love where they live.

We aim to organise a variety of events throughout the year, including Christmas in the Market Place, Spring Market, pop-up coffee and homemade cake events and Tribute Acts in the Village Hall

By working with each other, we can bring the community together to have fun and try new things. One of our main aims is to support local businesses, clubs and societies to showcase the wide range of activities we have available in Kegworth. Our events are accessible and fun for everyone and are not to be missed!

Visit onekegworth.co.uk to find out more,
email hello@onekegworth.co.uk
or check out our facebook page [@onekegworth](https://www.facebook.com/onekegworth)



Sport in Kegworth

Feeling sporty? It's a short trip to the Sutton Bonington Sports Centre and there are plenty of sports clubs and societies to get involved with on campus.

Fancy trying a new sport or picking up something from home?
Scan the QR code below for more information:

And that's not all! Kegworth has a number of local clubs you can get involved in too, including tennis club, karate, taekwondo, tai chi, equestrian, football, cricket, and clay pigeon shooting.

There's also King George V Playing Field and grounds available to the cricket, football and tennis clubs, as well as a green bowls club. So there's loads to keep you active!



Tips from Leicestershire Fire & Rescue Service to help you protect your home from fire

12 Fire Safety Tips:

- Regularly test your smoke alarms
- Don't put tins/foil in the microwave
- Never ignore a fire alarm
- Plan an escape route with your housemates
- Avoid cooking if you've drunk alcohol
- Never leave cooking unattended
- Avoid using candles
- Take care with heated hair equipment
- Turn chargers off when you're not using them
- Don't smoke indoors
- Don't keep or charge e-scooters or e-bikes in communal areas that block escape routes.
- Don't leave e-scooters charging overnight

Community Engagement

The University of Nottingham's Community Engagement Department is part of the 'Student Living' division and is made up of a small team of permanent staff. We work with students, local authorities, police and a wide range of other stakeholders to ensure students have the opportunity to positively contribute to the place they live, work and study. This is achieved through a variety of local activities, events, projects and initiatives to support community cohesion. We have a wealth of information, advice and guidance on our webpages and promoted through social media, give us a follow.

Neighbourhood Helpline

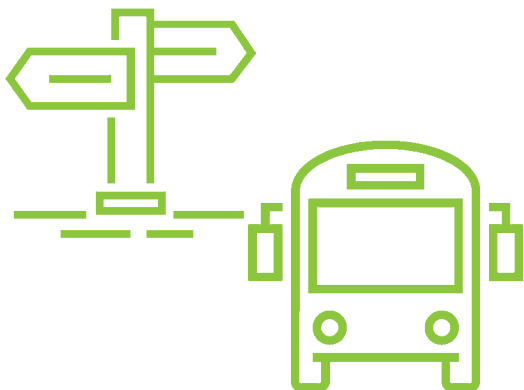
The University of Nottingham is committed to doing everything we can to provide a safe and supportive environment for everyone. Nottingham is a pleasant and inclusive place to study and work but, as with any community, issues can crop up.

Getting in Touch You can call the Neighbourhood helpline on **0115 846 8666**. Messages are quickly dealt with, but this isn't an emergency helpline. You can email **communityengagement@nottingham.ac.uk** or scan this QR code.



Parking in Kegworth

Parking spaces are in really short supply in Kegworth, so please think of others if you have a car with you – particularly if you have more than one car in your household. Try not to park on the pavement as it can cause problems for people who use wheelchairs and pushchairs.



Public transport

- You can catch the **Sutton Bonington 901 Hopper bus** which goes between SB and University Park, and SB and Kegworth.
- **Nottsbus On Demand** is a flexible way to travel by bus - simply book your journey using the Nottsbus On Demand App. The Notts On Demand service does not follow a fixed timetable, operating on demand basis.
- A very useful bus is the **Skylink**, which goes from Leicester to Derby, usually every half an hour to hour. Check out their website for up-to-date timings
- **Train: East Midlands Parkway station** is a few miles away. From here, you can catch the train to London and Nottingham

Taxi

Sometimes a taxi is the best option.

The SU has joined forces with DG Cars to bring you the **Safe Taxi Scheme**.

In an emergency, you can call **0115 950 0500** stating you wish to book a taxi on the UoN Safe Taxi Scheme and they will get you home safely.



GET IN ON
App Store



GET IN ON
Play Store



Download the new
NUDG app today
bit.ly/nudgapp

Welcome from North West Leicestershire Police

Leicestershire Police provides a policing service to the people of Leicester, Leicestershire and Rutland 24-hours a day, 365-days a year. There is a rich diversity of communities all with their own policing needs.

Valley Beat Team, your Dedicated Neighbourhood Team (DNT), is a group of local police officers dedicated to serving and helping you during your student life, particularly those of you living in Kegworth.

We will listen to your concerns and offer advice on any problems you have. Working closely with local authorities, community leaders and residents, we'll help make Kegworth and the other surrounding villages a safe area to live.



Please feel free to contact us for advice, support or to report a crime by one of the methods below:

Non urgent: telephone **101**.

Urgent: telephone **999**.

Please visit **leics. police.uk** for lots of Crime Prevention Advice.

Neighbourhood Link:

Neighbourhood Link is a community messaging service from Leicestershire Police that provides news and information about policing activity or initiatives, crime prevention advice and major incidents affecting your area.

Sign up to Neighbourhood Link
www.neighbourhoodlink.co.uk

We wish you a safe and happy time with us on the valley beat.



Sustainability

The University is taking a stand against climate change and setting ambitious carbon reduction targets. We want to slash our carbon emissions by more than half by 2030, and every one of us has a part to play.

Wherever you're living, you can make a difference. Even the smallest actions add up to a big impact. Every sustainable change we make takes us closer to our goal.



Green Rewards

We're making it easy (and rewarding) for students to take positive environmental actions.

Green Rewards is an online platform and mobile app where you can record your sustainable activities. In return you'll earn Green Points and the chance to win vouchers for yourself and charity donations for your team. Plus, many of the actions are not only good for the planet but good for your pocket too!

Sign up to Green Rewards now: uon.greenrewards.co.uk
Find out more about sustainability at Nottingham: nottingham.ac.uk/sustainability

Be sustainable, get rewarded



Sign up to Green Rewards
uon.greenrewards.co.uk

Volunteering and fundraising

Karnival supports a range of local, national and international charities as well as campaigns like Movember. They put the fun in fundraising, running events throughout the year such as fashion shows, charity sports tournaments and society collaborations like Take You Out with NSTV.

Karnival is perhaps most famous for organising amazing charity challenges, and this year is no exception! UoN students can sign up to tackle the UK Three Peaks Challenge, trek through the stunning Moroccan Atlas Mountains or even go all the way to Tanzania to trek to the infamous Kilimanjaro - all to fundraise for this year's amazing charities. If you're interested in any of these challenges, please get in touch via Instagram or email.

As well as fundraising, Karnival also advertises a wide range of local volunteering opportunities, and will help you find one that suits you. Check out their volunteering page at uonsu.com/volunteering

It's easy to get started, just get in touch with Karnival to find out more:

Email: karni@uonsu.com
Facebook: @NottsKarni
Instagram: @nottinghamkarnival



Karnival volunteers with members of UoN Men's Football at the end of term food bank drive in March

Get involved with Volunteering at your Students' Union. We offer both in-house and external opportunities.

For our in-house opportunities, you can:

- Take part in our larger volunteering Programmes such as Welcome Week, Global Buddies and, Student Events Team

- Join our Student Led Community Projects. These are student led projects that aim to benefit the wider community such as: PhabSoc, Souprunners, Headucate.



- Try one of our one-off (taster) volunteering sessions throughout the year.

We also work with external charities and organisations who want to offer volunteering opportunities to our students. You can find these on our website!





Mental Health & Wellbeing Support at the University of Nottingham

Being at university can be exciting but there may be times when you struggle with the demands of studying or life in general.

These services can help support and signpost you to the right service.

Support & Wellbeing Service

First point of contact for support. The team will offer practical advice on a wide range of issues and help you find the right support service.



Report and Support

If you or someone you know has experienced or witnessed an incident, you can tell us anonymously or ask to speak to an advisor.



ResX

The Residential Experience (ResX) team support for you in your halls of residence and partnership accommodation sites.



Is a digital mental health service free to University of Nottingham staff and students. Register with your academic email address.



For tips, information and resources visit **HealthyU**

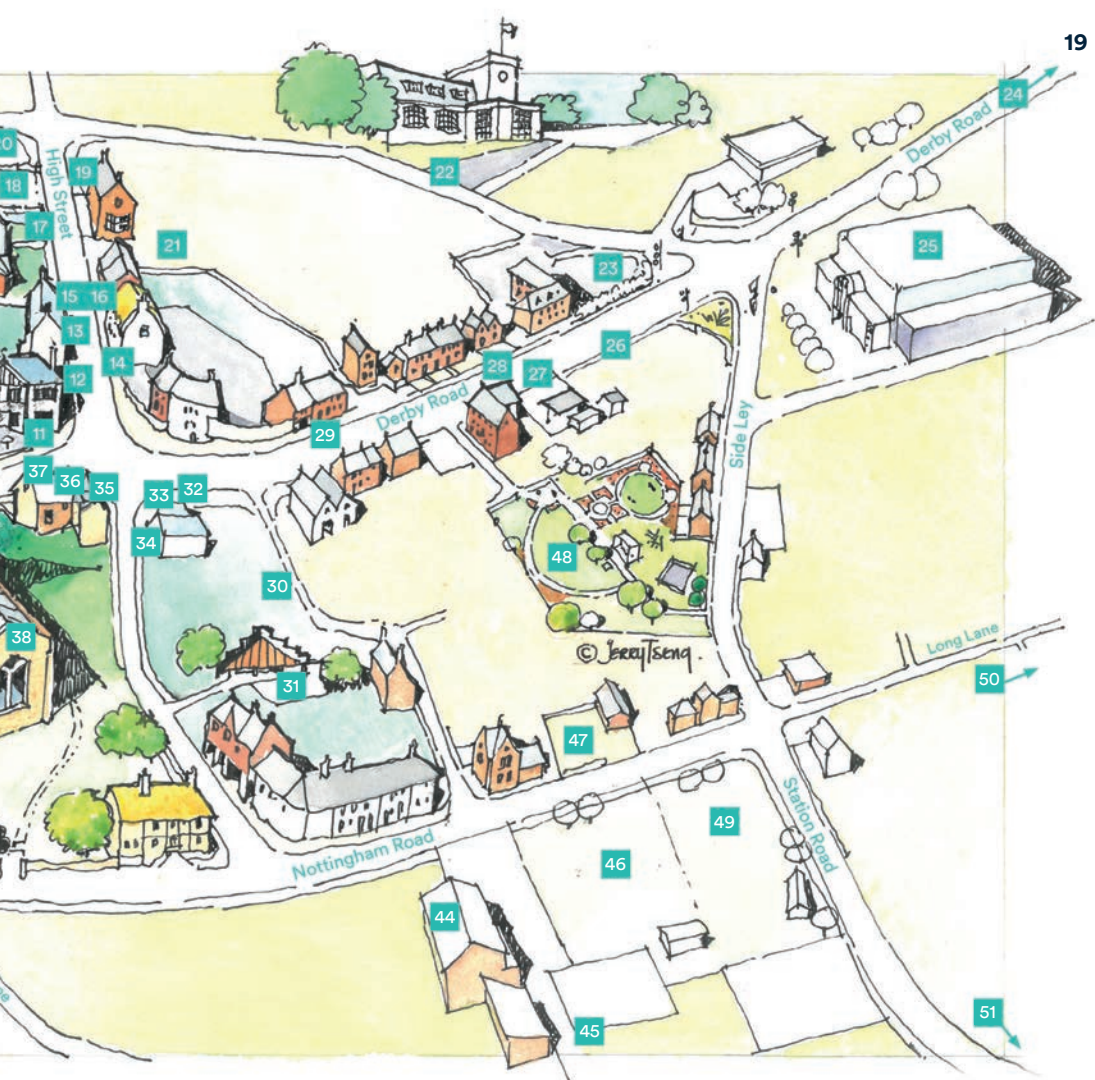




Kegworth



- | | | | |
|----|--|----|---|
| 1 | Kegworth Parish Council Offices | 14 | Baptist Church |
| 2 | Tonic Hairdressers | 15 | Coach House Pub |
| 3 | Co-op and Cash Point | 16 | Red Lion Pub |
| 4 | Laika Indian Restaurant | 17 | Kegworth Primary School |
| 5 | Soar Trading - local produce
and fishing provisions | 18 | Kegworth Library |
| 6 | Barbers | 19 | Kegworth Heritage Centre |
| 7 | Physio | 20 | Gateway Apartments |
| 8 | Dog and Jones - pet shop | 21 | Kegworth Nursery |
| 9 | Je Jaa Jeas - Indian eat in and takeaway | 22 | Best Western Yew Lodge Hotel |
| 10 | Thomas James Estate Agents | 23 | Kegworth Hotel and Conference Centre |
| 11 | Oaklands - deli, butchers and cafe | 24 | Paintballing |
| 12 | Hidden Gem Cafe and Takeaway | 25 | Refresco |
| 13 | Geda Construction | 26 | Kegworth Fish Bar; bP petrol station; Spar shop |
| | | 27 | Chinese Takeaway Diamond City |
| | | 28 | Chinese Takeaway Zhen Garden |



- | | | | |
|----|-----------------------------------|----|----------------------------------|
| 29 | Tattoo shop/barbers | 44 | Kegworth Village Hall |
| 30 | Cap and Stocking Shop | 45 | Tennis Club |
| 31 | Doctors Surgery | 46 | Kegworth Imps Football |
| 32 | Newton Fallowell | 47 | Kegworth Bowls Club |
| 33 | Flowers by Frederika | 48 | Sideley Park |
| 34 | Picture This Gallery and Framing | 49 | Kegworth Cricket Club |
| 35 | Boots | 50 | Long Lane Equestrian and Kennels |
| 36 | GH Cuts | 51 | Anchor Pub |
| 37 | Gastall Dog Grooming | | |
| 38 | St Andrews Church | | |
| 39 | Cutting Cottage Hair | | |
| 40 | Lovage Estate Agents and Lettings | | |
| 41 | Arka Sight Care | | |
| 42 | MRvapes | | |
| 43 | RiRi Beauty | | |

Key contacts:



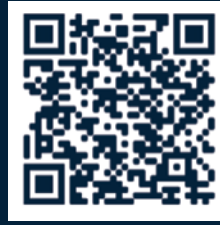
SU Advice



District Council Reporting



Safe Taxi Scheme



Waste Management



Community Engagement



su.nottingham.ac.uk

Follow us:

Twitter:

@UoN_Community

Instagram:

@uoncommunityengagement

TikTok:

@uoncommunityengagement



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With thanks to all of our partners
including the Students' Union

All the information is correct at the time of writing,
however please keep up to date with any changes

