

# Welcome back to Nottingham



#### **Contents**

Introduction	2	
Welcome from your Community Officer	3	
Welcome from your Students' Union	3	
Moving in checklist	4	
Your role as a housemate & a neighbour	5	
SU Advice and how to get in touch	6	
Nottingham City Council	7	
Binformation and recycling	8	
Recycle Right	9	
<b>Community Protection</b>	10	
Volunteering and Fundraising	11	
Nottinghamshire Police	12	
Community Engagement	13	
Community Engagement Ambassador Scheme	14	
Safety tips from Nottinghamshire	15	
Fire and Rescue Service		
Sustainable travel	16	
Outsmart the Opportunists	17	
British Heart Foundation	18	
Mental Health & Wellbeing Support	19	
Key contacts	20	



#### Introduction

You are now part of a **mixed community of people**, and this brings about certain roles and responsibilities that are very different to living in halls of residence.

We've put together this guide to **help support you** during your time living in the community, with lots of advice on how to be a **good neighbour**, **get involved and make a positive impact** on your local area.

Nottingham is a brilliant place to live, work and study and we want you to make the most of your time while you're in this great city.

### Welcome from you Students' Union Community Officer

Hi, my name is Poppy and I'm your Community Officer for the next academic year.

Elected by the student body, I represent you on issues such as housing, transport, and safety when communicating with the University, the council and other local authorities.

This guide contains some advice about living in the local community and signposts you towards where you can seek advice and support for community related matters should you need it.

Enjoy your time living off campus, you'll have a great year! If you have any questions or problems, don't hesitate to send me a message.

Poppy Read-Pitt Community Officer

@uonsu\_community



## Hello! We're your Students' Union

We're an independent, student-led organisation that represents your needs, protects your rights and makes sure your voice is heard. Led by a team of elected SU Officers, we're a vibrant community 38,000 strong, made up of everyone from first-year to PhD students, SU staff and volunteers. The good news is, you're automatically a member when you join the University of Nottingham!



Visit our website to find out more su.nottingham.ac.uk

# Moving in checklist

Take this handy checklist with you when you move in, and check off each item once it's done.

Have you got your signed tenancy agreement and keys to get in?
Have you sorted a parking permit while you move your belongings from your car to your digs?
Locked your car and house while you're moving goods?
Checked the property for marks/scuffs/damage, and taken date-stamped photos?
Have you reviewed and amended the inventory by the deadline and kept a copy? Make sure it accurately describes the property and its contents.
Does everything work? If anything's broken, let the landlord or agent know (ideally in writing)
Have you recorded the gas, electric and water meter readings and contacted the suppliers?
Do you know where your water stop tap and electrical fuse box are?
Have you considered how you would get out in the event of a fire?
Are your belongings insured?
Do you know the local bin collection details?
Introduced yourself to your neighbours?

#### Your role as a housemate & as a neighbour

#### Your role as a housemate

Here are some day-to-day practicalities to help you have the best time in your university house:

Create a rota. You could sit down together to create a rota of all the chores and tasks the whole household will have responsibility for. When something isn't quite right, try to avoid passive aggressive notes and revenge tactics; it's always important to talk to each other!

Spend time together. When you move in, try to organise something social that involves everyone in the house – maybe a movie night or making homemade pizzas together.

#### Communicate your boundaries.

It's worth discussing with your new housemates what your different boundaries and expectations are to avoid conflict later on. Try to consider that everyone comes from different lifestyles and family experiences! Talk about how people feel about sharing food/kitchen utensils, cleanliness, visitors and noise levels.

If things escalate, please contact SU Advice to talk through the issues.

#### Your role as a neighbour

Here's how you can be considerate of neighbours:

Say hello! If you're friendly and approachable, you're much more likely to have a positive relationship with your neighbours.

Ordering a taxi? Remember to ask the driver not to sound their horn when they arrive and wait inside for the taxi to arrive to avoid noisy gatherings on your doorstep.

#### Heading out for the night?

Be considerate of sleeping residents and keep the noise down as you walk into town and head home at the end of the night.

Going out with alcohol? It's not permitted to drink alcohol on the streets of Nottingham. Don't let your drink get poured down the drain, leave it at home!

Hosting? Always speak to neighbours and those living close by if you plan on having a few friends round, check it is okay with them. House parties particularly effect people in the community with work or school the next day. Please keep in mind that large, loud and late house parties are discouraged and any complaints may be passed onto the Police, Council and University.

# Your Students' Union Advice team

Students' Union Advice provide free, impartial advice and information to all University of Nottingham students. Independent from the University, the Advice team is made up of permanent members of Students' Union staff and our service is completely confidential.

We provide information and advice on a wide range of issues affecting students such as:



Housing advice – house hunting, contracts, deposits, issues with landlords, disrepair, disputes with housemates etc



Money advice – funding, debt, budgeting, benefits and utility/council tax bills etc



Course advice –
extenuating
circumstances,
academic appeals,
complaints, student
code of discipline etc

#### Get in touch

E: suadvice@nottingham.ac.uk

T: 0115 846 8730

Office: C floor, Portland Building, University Park

You can find out more information about our service at **su.nottingham.ac.uk/advice** 



#### **Nottingham City Council** Supporting students

Nottingham City Council is your local authority and as a citizen of Nottingham you have access to a whole host of information and services:

- Bin collections
- Report a problem such as a fly tipping
- Private landlords and tenants
- Safer Housing team
- Student parking permits
- Community Protection
- Report antisocial behaviour
- Your local councilors
- Local events



#### **Binformation and recycling**

#### Which bin is which?

Green bin = General waste

If there are six or more people in your house, you might be eligible for an additional bin. You should speak to your landlord or letting agent.

#### Brown bin with grey lid = Recycling

In Nottingham, you can't recycle pizza boxes or any takeaway containers. You can only put your recycling in loose. Never bag your recycling in bin bags. Check the 'Recycle Right' list through the QR code below.





#### Our top tips:

- Keep on top of your waste to avoid a fine
- Sign up for email bin alerts so you don't miss collection day
- Take your bins off the street as soon as they've been emptied
- Support the environment by recycling as much as possible
- Speak to a neighbour and see if they have any space in their bin. As a last resort, neatly pile a few additional bags next to your general waste bin on collection day.

Find all the information you need at:



Waste Management



Recycle Right



### Recycle right

All items need to be clean, dry and loose

Please recycle all paper, card, tins, cans, hard plastics and glass

For more information please visit: nottingham.ac.uk/go/recycling



Working in partnership together









#### "Hello" from your Community Protection team for Lenton, Dunkirk, Radford and Wollaton

Nottingham is a great place to live, work and study. There is always so much to see and do. Nottingham appreciates the vast contribution students make in ensuring the city is a vibrant, youthful and fun place to be with a fantastic arts, music and theatre scene.

Students, as all residents of Nottingham, have a responsibility to respect their city. So whilst enjoying all that Nottingham has to offer, please avoid:

• Making lots of noise in your neighbourhood. Please be considerate when arriving home from a night out – many of your neighbours will be up early for work or could have young children. Even closing the taxi door gently after a night out helps!



Senior Community Protection Officer, Jacob Gentle-Parker, on patrol with local CPOs

- Making a mess. Always throw your rubbish in bins and recycle where possible. Please put recyclable items separate in your recycling bin and not in plastic bags. Please bring in your bin as soon as possible after it has been emptied.
- Parking inconsiderately. Do not block any driveways or garages or park on the pavement (this makes things difficult for people using wheelchairs or pushchairs). Make sure you display a parking permit if you need one in your area.
- Loud or late house parties.
  These can cause an enormous amount of distress and inconvenience to neighbours living nearby. They prevent fellow students from studying and revising.

Please report neighbourhood anti-social behaviour (ASB) issues to the Police non-emergency number **101**  You can report any bin or street problems, housing conditions and other issues on the council's **Report It** webpage

#### Volunteering and fundraising

Karnival supports a range of local, national and international charities as well as campaigns like Movember. They put the fun in fundraising, running events throughout the year such as fashion shows, charity sports tournaments and society collaborations like Take You Out with NSTV.

Karnival is perhaps most famous for organising amazing charity challenges, and this year is no exception! UoN students can sign up to tackle the UK Three Peaks Challenge, trek through the stunning Moroccan Atlas Mountains or even go all the way to Tanzania to trek to the infamous Kilimanjaro - all to fundraise for this year's amazing charities. If you're interested in any of these challenges, please get in touch via Instagram or email.

As well as fundraising, Karnival also advertises a wide range of local volunteering opportunities, and will help you find one that suits you. Check out their volunteering page at uonsu.com/volunteering

It's easy to get started, just get in touch with Karnival to find out more:

Email: karni@uonsu.com
Facebook: @NottsKarni
Instagram: @nottinghamkarnival



Karnival volunteers with members of UoN Men's Football at the end of term food bank drive in March

Get involved with Volunteering at your Students' Union. We offer both in-house and external opportunities.

For our in-house opportunities, you can:

 Take part in our larger volunteering Programmes such as Welcome Week, Global Buddies and, Student Events Team • Join our Student Led Community Projects. These are student led projects that aim to benefit the wider community such as: PhabSoc, Souprunners, Headucate.



• Try one of our one-off (taster) volunteering sessions throughout the year.

We also work with external charities and organisations who want to offer volunteering opportunities to our students. You can find



these on our website!

# Welcome from Nottinghamshire Police

Hi, I'm Neighbourhood Policing Inspector Liz Gaskin and I cover Lenton, Radford, Arboretum, Hyson Green, The Park and some areas of Wollaton.

First and foremost, we want you to enjoy your time in Nottingham. We know how exciting university is and how good it feels to have some responsibility and independence. With that in mind, I would ask that you respect the local residents who live alongside you and treat them as you would your own neighbours at home.

I hope that during your time here you never need to call us. However, if you are ever in a position where you need police support, you can contact us via the following:

Call 101 for non-emergency matters or enquiries

Call 999 in an emergency

You can also report non-emergencies online on the Nottinghamshire Police Report webpage.



#### **Community Engagement**

The University of Nottingham's Community Engagement
Department is part of the 'Student Living' division and is made up of a small team of permanent staff. We work with students, local authorities, police and a wide range of other stakeholders to ensure students have the opportunity to positively contribute to the place they live, work and study. This is achieved through a variety of local activities, events, projects and initiatives to support community cohesion. We have a

wealth of information, advice and guidance on our webpages and promoted through social media, give us a follow. We also look after the Community Engagement Ambassador project and you'll see those guys out and about in your area.

Our team are here to help you make the most of living in your local community. **Scan the QR code** to find out more.



#### **Neighbourhood Helpline**

The University of Nottingham is committed to doing everything we can to provide a safe and supportive environment for everyone. Nottingham is a pleasant and inclusive place to study and work but, as with any community, issues can crop up.

Getting in Touch You can call the Neighbourhood Helpline on 0115 846 8666. Messages are quickly dealt with, but this isn't an emergency helpline. You can email communityengagement @nottingham.ac.uk or scan this QR code.



#### **Community Engagement Ambassadors**

The Community Engagement
Ambassador scheme is back after a
very successful pilot year.
In the academic year 22/23, twelve
current students were employed to
support community cohesion
initiatives in Lenton and Radford.
This year, the scheme is expanding;
more Ambassadors are being
employed and they'll now be
working in Dunkirk and Beeston too.

The Ambassadors' aims remain the same: improving awareness of sustainability amongst students through better household recycling, improving neighbourhood safety through a variety of crime reduction campaigns, building positive and more longstanding relationships in

the community between all residents, and supporting Nottingham's Carbon Neutral 2028 ambition.

They work up to 8 hours a week, mainly offering proactive advice to residents when issues are identified.

Make sure you say hi if you see them and feel free to ask them any questions you have about living in the community!





#### Get in touch!



#### Safety tips from Nottinghamshire Fire and Rescue Service

#### Don't silence your smoke alarms:

- Never remove batteries or cover up smoke alarms.
- Speak to the landlord/letting agent if alarms aren't working or others tamper with them.

#### Cooking up a storm:

- Never leave cooking unattended.
- Avoid cooking after a night out and after drinking alcohol as this can impair your senses and movement.

#### Show fire the door:

- Remember that fire doors are there for a reason.
- Never prop fire doors open.
- Never remove a fire extinguisher to use as a door stop.















#### Sustainable travel

Nottingham has great public transport links with a fantastic bus and tram network so there's no need to bring your car. Parking is extremely limited for residents in Nottingham and on our campuses. If you do have to bring your car to University, you may need to buy a parking permit.

#### Taxi

Sometimes a taxi is the best option. The SU has joined forces with DG Cars to bring you the Safe Taxi Scheme.

In an emergency, you can call **0115 950 0500** stating you wish to book a taxi on the UoN Safe Taxi Scheme and they will get you home safely.

Download the new NUDG app today bit.ly/nudgapp



### E-Scooters and E-Bikes

Zero-emission e-scooters and e-bikes are available for hire in Nottingham They're a great way to get around the city, but make sure you know how to use them safely to avoid potential penalties and to keep yourself and others safe. You need at least a provisional driving licence to use the scooters and e-bikes and should take similar care as you would driving. Rules of use are to ride sober, park sensibly, stick to roads and cycle paths, and wear a helmet.



# Outsmart the opportunists

Keep your stuff safe, whether you're at home, out for the evening or on holiday.





In collaboration with:







Your unwanted stuff could power lifesaving research instead of cluttering up your cupboards. Here's what we can and can't accept at our drop-off points.

We can take











Jackets



Accessories



Shoes



Books



Small working electricals

We can't take







Pillows



Broken or dirty items



Food



Knives

Just dig it out, bag it up and bring it down to one of our drop-off points.

#PackForGood



**British Heart Foundation** 



### Mental Health & Wellbeing Support at the University of Nottingham

Being at university can be exciting but there may be times when you struggle with the demands of studying or life in general.

These services can help support and signpost you to the right service.

Support & Wellbeing Service

First point of contact for support. The team will offer practical advice on a wide range of issues and help you find the right support service.



Report and Support If you or someone you know has experienced or witnessed an incident, you can tell us anonymously or ask to speak to an advisor.



ResX

The Residential Experience (ResX) team support for you in your halls of residence and partnership accommodation sites.





Is a digital mental health service free to University of Nottingham staff and students. Register with your academic email address.







#### **Key contacts:**



**SU Advice** 



**City Council Reporting** 



su.nottingham.ac.uk



**Waste Management** 



**Recycle Right** 



Safe Taxi Scheme

#### Follow us:

Twitter:

@UoN\_Community

Instagram:

@uoncommunityengagement

TikTok:

@uoncommunityengagement





With thanks to all of our partners including the Students' Union

All the information is correct at the time of writing, however please keep up to date with any changes

