



How do I deal with writer's block?! - Ways of planning

A. mind-mapping

Mind-mapping (or drawing spider diagrams) can help group your ideas together. Software programs that can help you produce maps and outline lists include Inspiration (used here). Wikipedia provides an extended list of other concept- and mind-mapping software.

1. **Inspiration software**
2. [Concept- and mind-mapping software list](#)

B. Post-It™ planning

Try coloured Post-It™ notes to jot down your ideas. Then place these on a large sheet of paper - or a wall space - and move them around to group ideas together.

1. use a whiteboard

Try writing your notes on a whiteboard; use different colour dry-wipe pens for different ideas/topics (you can even draw pictures/diagrams).

2. photograph your plan

Why not photograph the outline / plan you have created using your phone or digital camera?

C. mini-goals or stages

Break the task of writing into a series of stages or mini-goals. Look at the UoN Academic Support handouts on 'Tasks for writing essays' and 'Planning and Preparing to write assignments'