

SQ3R: survey, question, read, recall, review

S

Survey

What is your text? Look at the title, front and back cover information, contents, and index – or the abstract. What do the introduction and conclusion tell you?

Q

Question

Is it relevant to your particular focus?
What exactly do I want to learn / what level of detail do I need?

3

R

Read

Read material in small chunks – regularly checking back to your title or purpose for reading this text. Remember your question.

Recall

Close the text and try and note down what the key points were.
Re-read and identify key phrases or quotations – remember to use quote-marks

Review

Did you answer your question?
What are the key points?
Are your notes clear?
Can you summarise this text without looking back at it?
Discuss it with others

