## How to Size Men's or Unisex Lab Coats

Lab coats for men are usually sized in accordance with suit jacket measurements. If you already own or have access to a suit jacket that fits well in all the right places, you can simply look inside at the tag to determine the correct size. However, sizes can vary from one brand to the next. We suggest measuring by hand for best results. Using a flexible measuring tape, measure your chest. The chest measurement is one of the most important because it determines the size of the jacket and can be difficult to alter down the road. Place the tape under your armpits and wrap it around the shoulder blades in the back to account for the widest part of your torso. For example, if your chest measures 38 inches in length, you will want to shop for size 38 lab coats.

## How to Size Women's Lab Coats

Until today, traditional lab coats have often been boxy or boring in shape. Women's lab coats usually feature a different cut than their unisex counterparts. Using your dress size, you can accurately determine the best lab coat size for you and your body type. Again, sizes can vary from one brand to the next. If you decide to measure yourself by hand, you will want to wrap the measuring tape loosely under the armpits, over the shoulder blades, and across the front of your chest. Some coats are designed to suit all the contours of the body. We recommend measuring your hips to ensure a good fit.

Men's Jackets Portwest

| Size | Chest to Fit (In) |
| :---: | :---: |
| XXS | $28-30$ |
| Xs | $32-34$ |
| S | $36-38$ |
| M | $40-41$ |
| L | $42-44$ |
| $\mathbf{X L}$ | $46-48$ |
| $\mathbf{2 X L}$ | $50-52$ |
| $\mathbf{3 X L}$ | $54-55$ |
| $\mathbf{4 X L}$ | $56-58$ |
| $\mathbf{5 X L}$ | $60-64$ |
| $\mathbf{6 X L}$ | $65-67$ |
| $\mathbf{7 X L}$ | $69-73$ |
| $\mathbf{8 X L}$ | $74-77$ |

Ladies Jacketc Portwest

| Size | Bust to Fit (In) |
| :---: | :---: |
| Xs | $28-32^{\prime \prime}$ |
| S | $8-10$ |
| M | $12-14$ |
| XL | 16 |
| $\mathbf{2 X L}$ | $18-20$ |
| 3XL | $22-24$ |
| $\mathbf{X L}$ | 26 |

Please note: All of the information displayed on this page is intended as a guide only and is purely given to assist you in choosing the correct product or your needs. Garments will usually measure larger than the information in the guide, as the information given is 'to fit'.

